



**YORK CITY BATHS CLUB**  
**DISTANCE TIME TRIAL 2014**  
*Licensed at Level 4 – 4NE4412*

**Saturday 22<sup>nd</sup> March 2014**  
**St. Peter's School**

**Warm Up: 17:45      Start: 18:00**

The aim of this time trial is to allow York City Baths Club swimmers to achieve licensed times in the longer distance events, as it is a requirement to have a time listed on the ASA Rankings for higher level open galas and county championship events.

The events to be covered will be: 1500m (boys), 800m (girls). Priority will be given to swimmers who have not competed in these events (either long course, or short course) for 12 months or more.

**Programme of Events**

Saturday 22 <sup>nd</sup> March 2014	
Event 101	Girls 11+ 800m Freestyle
Event 102	Boys 11+ 1500m Freestyle

**Important points to note:**

- Given the time taken for the 1500m and 800m events entries for these will be limited to those in Regional, National and Club Squad.
- York City Baths Club reserves the right to restrict entries to ensure the event runs to time. If restrictions are needed those individuals close to county qualifying times will be given priority.
- This license is suitable for entry for county and regional competitions.
- We will require assistance from suitably qualified parents on poolside. Carl Cockcroft is co-ordinating the officials for this event.

**CLOSING DATE FOR ENTRIES IS SATURDAY 1<sup>ST</sup> MARCH 2014**

**ENTRIES MUST BE SUBMITTED USING THE CORRECT YCBC ENTRY FORM TO:**

**ANNA NICHOLSON**  
**MNICK1@TALKTALK.NET**

## Promoter conditions

1. The promoters for this event are Carl Cockcroft, Anna Nicholson and James Richards.
2. The Competition will be held under ASA Law & technical rules.
3. The one start rule will apply.
4. Over the top starts will be used.
5. Swimmers are requested to remain in the water until asked to leave the pool.
6. The pool is 25m long, 6 lanes with anti-wave lane ropes.
7. No outdoors shoes to be worn on the poolside.
8. Entries will only be accepted using the correct YCBC entry form.
9. The closing date for entries is 08:00 on 1<sup>st</sup> March 2014 and refers to the final date on which entries must be received by Anna Nicholson (mnick1@talktalk.net).
10. To ensure the event runs to time, entries for all events may be restricted to those swimmers close to county championship qualifying times or faster, and those individuals identified as having the potential to achieve these times.
11. Events will also be restricted based on age. For the 1500m (B) and 800m (G) events swimmers must be 11 years and over at the day of the event (22<sup>nd</sup> March 2014).
12. Late entries will not be accepted.
13. The fees for this event will be covered by York City Baths Club.
14. Coaches and Parents are requested to ensure their swimmers respect the officials and are silent at the start of each heat.
15. The Referee's decision is final.
16. All competitors must be registered members of York City Baths Club.
17. Any point not covered by these rules will be at the discretion of the organisers and the promoter.