



# YORK CITY BATHS CLUB



Presents our

## REGIONAL QUALIFIER 2014

(Held under ASA laws and technical rules)

Licensed Level 3 Meet for entry into regional and county championships

**Saturday 1<sup>st</sup> November 2014 &  
Sunday 2<sup>nd</sup> November 2014**

**at ENNERDALE LEISURE CENTRE  
Hull, HU7 6EA**

- Venue:** 25metres, 6 lanes, anti-wave ropes, electronic timing
- Ages:** AGE ON THE DAY: Age as at 2<sup>nd</sup> November 2014
- Entries:** Entries accepted only on the standard entry form available online at [yorkcitybathsclub.org.co.uk](http://yorkcitybathsclub.org.co.uk) or on via Sportssystem entry file available to download from our website
- Postal entries to: Joanne Rooke, Beeches Farm, Tollerton Lane, Newton on Ouse, YORK, YO30 2DQ
- Entries accepted on a FIRST COME FIRST SERVED basis according to ASA guidelines
- NO POOLSIDE ENTRIES
- Fees:** £5.00 per event. Cheques are payable to York City Baths Club
- Coaches pass £10 per day or £15 for the weekend to include programme, results sheets and a meal voucher. Please apply and pay with entries
- Seeding:** Heats will be seeded according to entry times. All events will be Heat Declared Winner
- Awards:** The top 3 in each dual age group 10/11, 12/13, 14/15 and 16/Over and Open (50m events only) within the permitted time will receive awards. Any swimmer who swims faster than the entry time by more than 1 second for 50m events, 2 seconds for 100m events, 4 seconds for the 200m events or 8 seconds for 400m event will receive a speeding ticket
- Results sheets will be available at the end of each session
- General:** Any matter not specifically covered above will be at the discretion of the promoters

**Closing date: 3<sup>rd</sup> October 2014**

Promoter: Joanne Rooke

All involved are asked to adhere to the "Spirit of Graded Swimming" when entering as this produces a happy atmosphere on the day

Drinks on poolside must be in plastic drinks bottles only. There is a café at the venue



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## PROGRAMME OF EVENTS

All events are Heat Declared Winner

### Saturday 1<sup>st</sup> November

Session 1		
Warm up 8am – Session starts at 9am		
101	200m IM	Boys 10/11, 12/13, 14/15, 16/over
102	400m IM	Girls 10/11, 12/13, 14/15, 16/over
103	200m Breaststroke	Boys 10/11, 12/13, 14/15, 16/over
104	100m Breaststroke	Girls 10/11, 12/13, 14/15, 16/over
105	100m Freestyle	Boys 10/11, 12/13, 14/15, 16/over
106	50m Butterfly	Girls OPEN
107	50m Backstroke	Boys OPEN

  

Session 2		
Warm up 1pm (TBC) – Session starts at 2pm (TBC)		
201	200m Freestyle	Girls 10/11, 12/13, 14/15, 16/over
202	50m Freestyle	Boys OPEN
203	100m Butterfly	Girls 10/11, 12/13, 14/15, 16/over
204	200m Butterfly	Boys 10/11, 12/13, 14/15, 16/over
205	50m Breaststroke	Girls OPEN
206	100m Backstroke	Boys 10/11, 12/13, 14/15, 16/over
207	200m Backstroke	Girls 10/11, 12/13, 14/15, 16/over

### Sunday 2<sup>nd</sup> November

Session 3		
Warm up 8am – Session starts at 9am		
301	200m IM	Girls 10/11, 12/13, 14/15, 16/over
302	400m IM	Boys 10/11, 12/13, 14/15, 16/over
303	200m Breaststroke	Girls 10/11, 12/13, 14/15, 16/over
304	100m Breaststroke	Boys 10/11, 12/13, 14/15, 16/over
305	100m Freestyle	Girls 10/11, 12/13, 14/15, 16/over
306	50m Butterfly	Boys OPEN
307	50m Backstroke	Girls OPEN

  

Session 4		
Warm up 1pm (TBC) – Session starts at 2pm (TBC)		
401	200m Freestyle	Boys 10/11, 12/13, 14/15, 16/over
402	50m Freestyle	Girls OPEN
403	100m Butterfly	Boys 10/11, 12/13, 14/15, 16/over
404	200m Butterfly	Girls 10/11, 12/13, 14/15, 16/over
405	50m Breaststroke	Boys OPEN
406	100m Backstroke	Girls 10/11, 12/13, 14/15, 16/over
407	200m Backstroke	Boys 10/11, 12/13, 14/15, 16/over



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Saturday 1<sup>st</sup> November 2014 &  
Sunday 2<sup>nd</sup> November 2014

## ENTRY TIMES

### Qualifying Times

BOYS	BOYS	BOYS	BOYS	EVENT	GIRLS	GIRLS	GIRLS	GIRLS
10/11	12/13	14/15	16/over		10/11	12/13	14/15	16/over
QT	QT	QT	QT		QT	QT	QT	QT
OPEN	OPEN	OPEN	OPEN	50 free	OPEN	OPEN	OPEN	OPEN
1.45.05	1.30.20	1.14.00	1.07.00	100 free	1.45.00	1.30.20	1.15.00	1.09.50
3.45.00	3.10.00	2.45.00	2.24.00	200 free	3.45.00	3.10.00	2.45.00	2.28.00
OPEN	OPEN	OPEN	OPEN	50 breast	OPEN	OPEN	OPEN	OPEN
2.04.95	1.58.00	1.50.00	1.34.00	100breast	2.04.95	1.58.00	1.50.00	1.34.00
4.18.20	4.08.00	3.53.00	3.18.00	200breast	4.18.23	4.08.00	3.53.00	3.18.00
OPEN	OPEN	OPEN	OPEN	50 fly	OPEN	OPEN	OPEN	OPEN
2.02.50	1.48.00	1.38.00	1.20.00	100 fly	2.02.50	1.48.00	1.38.00	1.23.00
4.13.57	3.54.00	3.29.00	2.53.00	200 fly	4.13.57	3.54.00	3.29.00	2.56.00
OPEN	OPEN	OPEN	OPEN	50 back	OPEN	OPEN	OPEN	OPEN
1.58.00	1.48.00	1.34.00	1.24.00	100 back	1.58.00	1.48.00	1.34.00	1.25.00
4.04.00	3.44.00	3.16.00	2.58.00	200 back	4.04.00	3.44.00	3.16.00	2.59.00
4.03.49	3.43.00	3.15.00	2.57.00	200 IM	4.03.49	3.43.00	3.15.00	2.58.00
7.00.00	6.00.00	5.40.00	5.20.00	400 IM	7.10.00	6.10.00	6.00.00	5.50.00

### Upper Limit Times

BOYS	BOYS	BOYS	BOYS	EVENT	GIRLS	GIRLS	GIRLS	GIRLS
10/11	12/13	14/15	16/over		10/11	12/13	14/15	16/over
QT	QT	QT	QT		QT	QT	QT	QT
25.10	25.10	25.10	25.10	50 free	28.00	28.00	28.00	28.00
1.05.00	57.40	54.38	53.27	100 free	1.05.38	1.00.68	59.47	59.28
2.19.76	2.04.95	1.58.33	1.56.35	200 free	2.20.71	2.10.79	2.07.74	2.07.56
33.00	33.00	33.00	33.00	50 breast	34.00	34.00	34.00	34.00
1.24.00	1.13.23	1.09.05	1.07.47	100breast	1.23.72	1.17.00	1.15.39	1.15.39
3.01.48	2.39.77	2.31.00	2.28.37	200breast	2.59.40	2.45.65	2.42.70	2.42.70
26.00	26.00	26.00	26.00	50 fly	28.50	28.50	28.50	28.50
1.15.00	1.04.48	1.00.19	58.69	100 fly	1.14.38	1.07.83	1.06.14	1.06.06
2.44.30	2.32.59	2.13.97	2.11.03	200 fly	2.43.96	2.28.72	2.24.87	2.24.87
27.00	27.00	27.00	27.00	50 back	29.50	29.50	29.50	29.50
1.14.00	1.05.08	1.00.91	1.00.09	100 back	1.13.56	1.07.97	1.06.30	1.06.11
2.36.94	2.19.75	2.11.73	2.10.15	200 back	2.36.52	2.25.24	2.21.78	2.21.78
2.39.54	2.22.01	2.14.13	2.11.63	200 IM	2.39.16	2.28.08	2.25.05	2.25.05
6.00.00	5.00.00	5.00.00	4.40.00	400 IM	5.50.00	5.00.00	5.00.00	4.50.00

#### NOTE:

Swimmers should not have swam faster than the upper limit times in any gala prior to the 30<sup>th</sup> September 2014. Any submitted entries faster than the upper entry times or slower than the lower entry times will be rejected