



2015
City of Leeds B Grade
Meet

(Under ASA Laws & FINA Technical Rules)

DATES:

Saturday, Sunday, 27/28 June 2015

VENUE:

Aquatics Centre
John Charles Centre for Sport
Middleton Grove
Leeds LS11 5DJ

FACILITIES:

10 lane display electronic timing, 50 metre pool
Diving Pit for warm up / swim down

MEET DIRECTOR

V Spencer
Email:- leedsentries@gmail.com

ENTRIES:

The competition is open to swimmers in the following categories, aged 9,10,11,12,13,14 and 15/over, ages as at 28 June 2015

9 year olds cannot enter 100m events in accordance with ASA recommendations)

**All entry times to be converted to long course 50 metres.
ELECTRONIC ENTRY FILES CAN BE DOWNLOADED FROM
THE CLUB WEBSITE.**

The organisers reserve the right to limit the number of entries for any event. **SWIMMERS ENTERED IN THIS MEET MUST NOT HAVE SWUM FASTER THAN THE STIPULATED ENTRY TIME OR THE EQUIVALENT CONVERTED TIME AT ANY OPEN MEET IN THE 12 MONTHS PRIOR TO 1st May 2014.**

Completed entry forms to be returned to the Meet Director and accepted/rejected entries will be posted on the website. All entries must be paid for by the closing date.

The Meet will be held under ASA Laws and FINA Technical rules.

Closing date for receipt of entries is 27th April 2015

ENTRY TIMES

In the event of a swimmer submitting entry time which is deemed to be false, or unconverted, the Meet Director may choose to reject the entries at any time.

ENTRY FEES:

£5.00 per event
Cheques to be made payable to 'City of Leeds SC'
Please note that cheques under the value of £10.00 will not be accepted. Payment can be made via BACS. For bank details please contact meet director.

COACHES PASSES:

£10.00 each to include programme and results sheet only. Coaches without passes will not be allowed on the poolside, in accordance with ASA Child Protection Policy.

ENTRIES:

ENTRIES WILL BE ON A FIRST COME FIRST SERVED BASIS. IF IT IS FOUND NECESSARY TO REFUSE ANY ENTRIES, ALL MONIES WILL BE RETURNED AS SOON AS POSSIBLE AFTER THE CLOSING DATE.

SEEDING:

All events are Heat Declared Winners. Heats will be seeded according to the submitted times.

ELECTRONIC SCOREBOARD:

Times and places on the electronic scoreboard are for information only and are not necessarily the official result.
The referee's decision is final.

AWARDS:

Awards will be made to the top 8 swimmers in the 9 and 10 years age group.

Awards will be made to the Top 3 swimmers in the 11,12,13,14, 15/OV age group.

INDEMNITY

" City of Leeds Swimming Club accepts no responsibility for loss or damage to competitors personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club"

"City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken up by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coaches pass, who has had a CRB check and preferably attended a good practice course."

OFFICIALS

If any visiting teams have any officials who wish to help at the meet, please advise the Meet Director at meetdirectorcityofleedssc@gmail.com

CORRESPONDENCE

PLEASE DO NOT CONTACT JOHN CHARLES CENTRE FOR SPORT AS THEY WILL HAVE NO INFORMATION ABOUT THE MEET.

**Any points not covered to be at the discretion of the Meet Director
Time only and poolside entries will not be accepted**

2015

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B Grade Meet

Event Schedule

Session One

Saturday 27th June 2015

Warm Up 8am Start 9am

Girls 09-15/ov 400m Freestyle
Boys 09-15/ov 100m Freestyle
Girls 09-15/ov 50m Butterfly
Boys 09-15/ov 50m Butterfly
Girls 09-15/ov 100m Backstroke
Boys 09-15/ov 200m Backstroke
Girls 09-15/ov 200m Individual Medley

Session Two

Saturday 27th June 2015

Warm Up 1pm Start 2pm

Boys 9-15/ov 400m Freestyle
Girls 09-15/ov 100m Freestyle
Boys 09-15/ov 50m Backstroke
Girls 09-15/ov 50m Backstroke
Boys 09-15/ov 100m Backstroke
Girls 09-15/ov 200m Backstroke
Boys 09-15/ov 200m Individual Medley

Session Three

Sunday 28th June 2015

Warm Up 8am Start 9am

Girls 09-15/ov 400m Individual Medley
Boys 09-15/ov 200m Freestyle
Girls 09-15/ov 50m Breaststroke
Boys 09-15/ov 50m Breaststroke
Girls 09-15/ov 100m Breaststroke
Boys 09-15/ov 200m Butterfly
Girls 09-15/ov 200m Butterfly
Boys 09-15/ov 200m Breaststroke

Session Four

Sunday 28th June 2015

Warm Up 1pm Start 2pm

Boys 09-15/ov 400m Individual Medley
Girls 09-15/ov 200m Freestyle
Boys 09-15/ov 50m Freestyle
Girls 09-15/ov 50m Freestyle
Boys 09-15/ov 100m Breaststroke
Girls 09-15/ov 100m Butterfly
Boys 09-15/ov 100m Butterfly
Girls 09-15/ov 200m Breaststroke

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BOYS - Upper Limit Times (swimmers must not have swum faster in the previous 12 months)

Event	9	10	11	12	13	14	15/OV
50 Freestyle	00:32.4	00:32.4	00:30.8	00:29.1	00:27.7	00:26.6	00:25.8
100 Freestyle		01:10.6	01:06.6	01:02.5	00:59.2	00:57.0	00:55.6
200 Freestyle	02:32.3	02:32.3	02:24.0	02:15.6	02:08.7	02:03.8	02:00.8
400 Freestyle	05:20.5	05:20.5	05:00.4	04:44.0	04:30.9	04:21.9	04:15.2
50 Breaststroke	00:42.5	00:42.5	00:40.0	00:37.5	00:35.1	00:33.7	00:32.6
100 Breaststroke		01:32.8	01:26.0	01:20.5	01:15.3	01:12.2	01:09.8
200 Breaststroke	03:18.1	03:18.1	03:04.7	02:53.6	02:43.2	02:36.1	02:31.5
50 Butterfly	00:36.4	00:36.4	00:34.1	00:32.3	00:30.5	00:29.2	00:28.1
100 Butterfly		01:22.6	01:15.4	01:10.4	01:06.2	01:03.2	01:00.9
200 Butterfly	03:00.8	03:00.8	02:44.7	02:35.1	02:26.3	02:19.9	02:13.8
50 Backstroke	00:37.4	00:37.4	00:35.5	00:33.6	00:31.6	00:30.5	00:29.4
100 Backstroke		01:21.4	01:15.3	01:10.9	01:06.7	01:03.8	01:01.7
200 Backstroke	02:50.8	02:50.8	02:40.1	02:31.2	02:22.9	02:16.9	02:12.8
200 Individual Medley	02:54.9	02:54.9	02:43.4	02:34.2	02:26.6	02:19.9	02:16.1
400 Individual Medley	06:16.4	06:16.4	05:46.6	05:25.2	05:09.6	04:56.4	04:47.5

GIRLS - Upper Limit Times (swimmers must not have swum faster in the previous 12 months)

Event	9	10	11	12	13	14	15/OV
50 Freestyle	00:32.8	00:32.8	00:31.3	00:29.9	00:29.0	00:28.5	00:28.1
100 Freestyle		01:12.1	01:07.2	01:03.7	01:02.0	01:00.9	01:00.2
200 Freestyle	02:33.1	02:33.1	02:24.5	02:16.9	02:12.9	02:10.9	02:09.0
400 Freestyle	05:24.0	05:24.0	05:00.1	04:44.6	04:37.2	04:33.1	04:29.3
50 Breaststroke	00:42.7	00:42.7	00:40.1	00:38.0	00:36.6	00:35.8	00:35.2
100 Breaststroke		01:33.3	01:25.9	01:21.3	01:18.1	01:15.8	01:15.1
200 Breaststroke	03:18.3	03:18.3	03:04.4	02:54.3	02:47.5	02:43.7	02:42.1
50 Butterfly	00:36.3	00:36.3	00:34.5	00:32.7	00:31.7	00:31.0	00:30.4
100 Butterfly	5	01:22.5	01:15.7	01:11.0	01:08.8	01:07.0	01:06.4
200 Butterfly	03:03.1	03:03.1	02:46.5	02:35.8	02:30.2	02:26.0	02:23.9
50 Backstroke	00:37.4	00:37.4	00:35.5	00:33.9	00:32.8	00:32.1	00:31.8
100 Backstroke		01:21.4	01:15.4	01:11.2	01:08.8	01:07.6	01:06.4
200 Backstroke	02:52.2	02:52.2	02:39.1	02:31.3	02:27.3	02:24.6	02:22.0
200 Individual Medley	02:54.8	02:54.8	02:43.2	02:34.7	02:30.7	02:27.7	02:25.8
400 Individual Medley	06:15.5	06:15.5	05:44.3	05:25.6	05:15.3	05:09.7	05:06.0

*Headquarters, Aquatics Centre, John Charles Centre for Sport, Middleton Grove, Leeds LS11 5DJ
 Affiliated to the ASANER*

Internet:-www.swimleeds.org.uk

City of Leeds
B Grade Meet 2015
 Summary of Entries

Male Entries	Number	@£5	Cost£
Female Entries	Number	@£5	Cost £
Coaches Passes	Number	@£10	Cost£
Total cost			Cost £

Entries to be returned by 27th April 2015

Club

Signed

Email address

Contact address.....

Poolside Passes

<i>Name of Coach with DBS Check</i>

CHEQUES TO BE MADE PAYABLE TO CITY OF LEEDS S.C

ALL DATA WILL BE PUBLISHED ON www.swimleeds.org.uk

Entries to Meet Director, 16c York Street, Dunnington, YO19 5PN
Entries sent to other addresses will not be accepted

**City of Leeds Swimming Club
Co Leeds B Grade Meet
27/28 June 2015**

Reply Name & Address _____

 Telephone No _____

Club Name _____

BOYS/GIRLS

Delete as appropriate

Coach _____

Email address _____

CLOSING DATE 27th April 2015. All Entries to be converted to long course times.

FULL NAME	ASA REGISTRATION NO. AND DATE OF BIRTH	Freestyle				Backstroke			Breaststroke			Butterfly			Ind Medley		
		50	100	200	400	50	100	200	50	100	200	50	100	200	200	400	

DO NOT SEND ANY MAIL BY SPECIAL OR RECORDED DELIVERY AND ENSURE THAT YOU HAVE SUFFICIENT POSTAGE ON THE ENVELOPE.

Entries to Meet Director
16c York Street
York
YO19 5PN

Cheques Payable to City of Leeds SC

No of entries _____ @£5.00 £

Coaches Passes _____ @£10.00 £

Please enclose an A5 size S.A.E. for return of receipt of entries.

Total _____ £

*Headquarters, Aquatics Centre, John Charles Centre for Sport, Middleton Grove, Leeds LS11 5DJ
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