

**British Summer Championships**  
**Ponds Forge International Sports Centre, Sheffield**  
**Tuesday 28<sup>th</sup> July – Sunday 2<sup>nd</sup> August 2015**

**Programme of Events**

Tuesday 28 <sup>th</sup> July 2015	Wednesday 29 <sup>th</sup> July 2015	Thursday 30 <sup>th</sup> July 2015	Friday 31 <sup>st</sup> July 2015	Saturday 1 <sup>st</sup> August 2015	Sunday 2 <sup>nd</sup> August 2015
<b>Session One – Heats – 9am</b>	<b>Session Three – Heats – 9am</b>	<b>Session Five – Heats – 9am</b>	<b>Session Seven – Heats – 9am</b>	<b>Session Nine – Hts 8-30am</b>	<b>Session Twelve – Heats 9am</b>
Women's 200m Freestyle Men's 100m Butterfly Women's 50m Butterfly Men's 400m I.M. Women's 200m I.M. Men's MC 200m Freestyle Women's MC 200m Freestyle Men's 14/16 4x100m Free Team Men's 17+ 4x100m Free Team Women's 14/16 4x100m Free Team Women's 17+ 4x100m Free Team	Men's 200m Backstroke Women's 100m Backstroke Men's 50m Breaststroke Women's MC 50m Butterfly Men's MC 50m Butterfly Women's 100m Butterfly Men's 200m Freestyle Women's MC 100m Backstroke Men's MC 100m Backstroke Women's 800m Free (Fastest Heat in Finals Session)	Men's 200m I.M. Women's MC 100m Freestyle Men's MC 100m Freestyle Women's 100m Freestyle Men's 200m Butterfly Women's 200m Breaststroke Men's MC 100m Breaststroke Women's MC 100m Breaststroke Men's 50m Backstroke Men's 14/16 4 x 200m Free Team Men's 17+ 4 x 200m Free Team	Women's 200m Butterfly Men's 100m Freestyle Women's 50m Breaststroke Men's MC 200m I.M. Women's MC 200m I.M. Men's 100m Breaststroke Women's 200m Backstroke Men's 50m Butterfly Women's MC 50m Freestyle Men's MC 50m Freestyle Women's 14/16 4 x 200m Free Team Women's 17+ 4 x 200m Free Team	Men's 200m Breaststroke Women's 400m I.M. Men's MC 400m Freestyle Women's MC 400m Freestyle Men's 100m Backstroke Women's 50m Backstroke	Women's 400m Freestyle. Men's 400m Freestyle Women's MC 100m Butterfly Men's MC 100m Butterfly Women's 50m Freestyle Men's 50m Freestyle Women's 100m Breaststroke Women's 14/16 4 x 100m Medley Team Women's 17+ 4 x 100m Medley Team Men's 14/16 4 x 100m Medley Team Men's 17+ 4 x 100m Medley Team
				<b>Session Ten 12-45pm</b>	
				Men's 1500m Free (Fastest Heat in Finals Session)	
<b>Session Two – Finals – 5pm</b>	<b>Session Four – Finals – 5pm</b>	<b>Session Six – Finals – 5pm</b>	<b>Session Eight – Finals- 5pm</b>	<b>Session Eleven- Finals- 5pm</b>	<b>Session Thirteen - Finals</b>
Women's 13/14 200m Free Women's 15 200m Free Women's 16 200m Free Women's 17/18 200m Free Women's 19+ 200m Free Men's 13/14 100m Butterfly Men's 15 100m Butterfly Men's 16 100m Butterfly Men's 17/18 100m Butterfly Men's 19+ 100m Butterfly Women's 13/14 200m I.M. Women's 15 200m I.M. Women's 16 200m I.M. Women's 17/18 200m I.M. Women's 19+ 200m I.M. Men's MC 200m Freestyle Women's MC 200m Freestyle Men's 13/14 400m I.M. Men's 15 400m I.M. Men's 16 400m I.M. Men's 17/18 400m I.M. Men's 19+ 400m I.M. 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