

**BRIEFINGS**

Briefings start from 8.15 and will be confirmed as soon as possible after the closing date for entries. The Briefing times will be published on the Swim NW website and will be emailed to all entrants.

**Swimmers not attending the briefings will not be ALLOWED TO SWIM !!**

1. **All Entries have to be made on line. There are no paper entries**
2. Each competitor is allowed to enter one event only.
3. Entry Fee: £15.00.
4. Registration: Swimmers **MUST** sign in at the registration desk at the appropriate time.
5. Participants must attend the briefing – Final Briefing Times will be published on line and sent to personal emails one week before the date of the competition.
6. Competitors must have their number clearly visible on their cap and body in accordance with ASA rules; the numbers are normally written in black ink markers on the cap and on each competitor's back and upper arms.
7. **All competitors MUST, IN THE INTEREST OF SAFETY, WEAR THE SWIM HAT AND WRIST BANDS PROVIDED.**
8. These events may be merged with other Festival events to ensure that the events run to time and are covered by appropriate safety measures.
9. Depending on entry numbers the events may be staggered.
10. Time limits may apply at the Referee's discretion.
11. All swimmers or their parents / guardians should enter on the understanding that they are fit and well to attempt the challenge of swimming in the outdoor environment. If unsure then please seek medical advice. We recommend that all swimmers attend an open water taster session or gain equivalent experience before entering the competition.
12. Safety cover is co-ordinated by the Salford Water Sports Centre Team if you are able to offer any assistance please email the entries secretary before the event – [diane.stafford@swimming.org](mailto:diane.stafford@swimming.org).
13. Car parking at the event centre is limited and is for officials and event staff only. All competitors should use the nearby Lowry multi storey.
14. Changing and limited toilet facilities are available at the event centre.
15. Any matters not provided for in these conditions shall be decided by a Regional Management Board Member and the event Referee in consultation with the PSUK coordinator.
16. **Any swimmer representative (coach/chaperone) not attending the briefing will result in the swimmer NOT being allowed to swim.**

## REGISTRATION & BRIEFING

- Upon arrival at the Water Sports Centre please report to the registration desk and check in. At this time you will be also given your race number and your numbered swim hat.
- The briefing room is on the upper floor of the centre. **You must attend the briefing and be present at the roll call at the beginning of the briefing. Failure to attend the briefing means you will be excluded from the event.**

## COUNTDOWN

- Following the briefing unless you have been numbered at the time of your registration, please move to the Clerks of the Course, who will be located in the outdoor marquee. There you will be numbered up. You will also be able to leave your belongings in the marquee until you have finished your swim.
- At fifteen minutes prior to the start of your event, the 15 minute announcement will be made via the P.A. System. This will be repeated at 10 minutes, and then at minute intervals from 5 down to race start time.
- It is requested that swimmers be in the swimmers pen at the five minute signal / announcement.

## EVENT START

- Swimmers will be allowed onto the starting platform by the Clerks of the Course and on doing so will be issued with a Tally Band. Please wear this Tally Band either on your ankle or your wrist.
- After your swim exit the water and hand your Tally Band to the Clerk of the Course and make your way back to the marquee where you can collect your belongings.

**YOU'RE SAFETY, PARTICIPATION AND ENJOYMENT IS IMPORTANT – PLEASE FOLLOW THE INSTRUCTIONS AND  
HAVE A GREAT DAY from all at Swim NW & SCL**