

**BRIEFINGS**

Briefings start from 8.15 and will be confirmed as soon as possible after the closing date for entries. The Briefing times will be published on the Swim NW website and will be emailed to all entrants.

**Swimmers not attending the briefings will not be ALLOWED TO SWIM !!**

1. **All Entries have to be made on line. There are no paper entries**
2. Each competitor is allowed to enter one event only.
3. Entry Fee: £15.00.
4. Registration: Swimmers **MUST** sign in at the registration desk at the appropriate time.
5. Participants must attend the briefing – Final Briefing Times will be published on line and sent to personal emails one week before the date of the competition.
6. Competitors must have their number clearly visible on their cap and body in accordance with ASA rules; the numbers are normally written in black ink markers on the cap and on each competitor's back and upper arms.
7. **All competitors MUST, IN THE INTEREST OF SAFETY, WEAR THE SWIM HAT AND WRIST BANDS PROVIDED.**
8. These events may be merged with other Festival events to ensure that the events run to time and are covered by appropriate safety measures.
9. Depending on entry numbers the events may be staggered.
10. Time limits may apply at the Referee's discretion.
  
11. The PSUK events are freestyle and swum over 1500m, 3000m and 5000m
12. Wet suits are allowed in the PSUK events – This is your choice.
13. Awards - PSUK will make awards to the first 3 Male & Female to finish in each event
  
14. Any matters not provided for in these conditions shall be decided by a Regional Management Board Member and the event Referee in consultation with the PSUK coordinator.
  
15. **Any swimmer representative (coach/chaperone) not attending the briefing will result in the swimmer NOT being allowed to swim**

