



STOCKSBRIDGE PENTAQUA SWIMMING CLUB

(Affiliated to ASA North East Region and Yorkshire ASA)

PRESENT THE TWENTIETH STOCKSBRIDGE SPRING OPEN MEET

ON
SATURDAY 23rd APRIL 2016

THIS EVENT IS LICENSED AT LEVEL 3 FOR ENTRY INTO REGIONAL AND COUNTY CHAMPIONSHIPS
(LICENCE NUMBER: 3NE160227)

AT PONDS FORGE INTERNATIONAL POOL, SHEFFIELD
50M POOL, 10 LANES, ELECTRONIC TIMING
CONTINUOUS WARM UP/SWIM DOWN

EVENTS

50m, 100m Freestyle, Backstroke, Breaststroke, Butterfly
200m Individual Medley
AGE GROUPS 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15& Over

- Heat Declared Winners
- Awards for first three in each age group
- Swimmers who swim faster than the cut-off times will receive a speeding ticket
- Awards for overall top boy and top girl
- Age as at 23rd April 2016

FEES: £5.00 per event

Coaches pass £6 to include programme

Cheques payable to Stocksbridge Pentaqua Swimming Club

ENTRY PROCEDURE

ENTRIES WILL BE ON A FIRST COME FIRST SERVED BASIS. IF IT IS FOUND NECESSARY TO REFUSE ANY ENTRIES, ALL MONIES WILL BE RETURNED AS SOON AS POSSIBLE AFTER THE CLOSING DATE.

THE PREFERRED METHOD OF ENTRY IS SPORTSYS ENTRY FILE AVAILABLE FROM OUR WEBSITE: www.stocksbridgepentaqua.co.uk. PLEASE SEND ELECTRONIC ENTRY FILES BY EMAIL TO pentaqua.clubroom@gmail.com

CLOSING DATE 19th MARCH 2016



STOCKSBRIDGE PENTAQUA SWIMMING CLUB
STOCKSBRIDGE SPRING OPEN MEET
AT PONDS FORGE INTERNATIONAL POOL, SHEFFIELD
SATURDAY 23rd APRIL 2016
Licence No 3NE160227

Promoters' Conditions

1. The competition will be held under A.S.A Laws and A.S.A Technical Rules.
2. The Pool is 50m long x 10 lanes with electronic timing and scoreboard; anti-wave ropes will be used. No outdoor shoes to be worn on the poolside.
3. Team Managers and coaches are responsible for their swimmers throughout the Meet and must supervise the warm up of their swimmers. They are responsible for their swimmers' good behaviour and whereabouts at all times.
4. The age groups are as of 23rd April 2016 – 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years and over. Swimmers are eligible to enter their own age group only.
5. Entries will be accepted on a first come first served basis. We may have to close entries prior to the official closing date. Poolside entries will not be accepted
6. The heats will be seeded according to submitted entry times. It is the competing clubs' responsibility to ensure that all swimmers are entered in the correct age group. .
7. **Please note that this gala will be run without cards. A copy of accepted entries will be emailed to each participating club. Withdrawals must be notified to the Omega suite at least 75 minutes before the session start time, or prior to the gala by email (pentaqua.clubroom@gmail.com)**
8. Swimmers must report to the competitors' stewards two events prior to their own.
9. Awards will be made to the top three swimmers in each age group in each event after taking into account the cut off times. Speeding Tickets will be awarded to those swimmers who swim faster than the cut off times. Disqualified swimmers are not eligible for any award.
10. Awards will be available from the trophy desk during the sessions after event results have been announced / posted. Top boy and girl awards will be presented to the overall boy and girl accumulating the most points on the day.
11. Full results will be placed on Stocksbridge Pentaqua SC's website (www.stocksbridgepentaqua.co.uk) as soon as possible after the meet.
12. The referee's decision will be final on all matters relating to swimming and swimmer discipline.
13. Lockers are provided in the changing rooms. You are advised not to leave any clothing or other items unattended as neither the organisers nor the pool management will accept any responsibility for loss or damage.
14. **In line with the recommendation in the ASA Child Protection Policy, any person wishing to engage in video, zoom or close range photography (including mobile phones with a photographic facility) should register their details, before the event, with staff at the spectator entry desk before carrying out any such photography. An authorisation pass will be issued and must be worn at all times. Any person not complying will be asked to leave the pool complex.**
15. Any matters not covered by these conditions shall be at the promoters' discretion if not covered by ASA Laws or Technical Rules.



STOCKSBRIDGE SPRING OPEN MEET 2016
(3NE160227)



SCHEDULE OF EVENTS

Session 1	Warm-up 08:00, Start 09:00	Session 2	TBA
Event	101 - Girls 9 Years/Over 100m Backstroke 102 - Boys 9 Years/Over 50m Backstroke 103 - Girls 9 Years/Over 50m Breaststroke 104 - Boys 9 Years/Over 100m Breaststroke 105 - Girls 9 Years/Over 100m Butterfly 106 - Boys 9 Years/Over 50m Butterfly 107 - Girls 9 Years/Over 50m Freestyle 108 - Boys 9 Years/Over 100m Freestyle 109 - Girls 9 Years/Over 200m Individual Medley	Event	201 - Boys 9 Years/Over 200m Individual Medley 202 - Girls 9 Years/Over 100m Freestyle 203 - Boys 9 Years/Over 50m Freestyle 204 - Girls 9 Years/Over 50m Butterfly 205 - Boys 9 Years/Over 100m Butterfly 206 - Girls 9 Years/Over 100m Breaststroke 207 - Boys 9 Years/Over 50m Breaststroke 208 - Girls 9 Years/Over 50m Backstroke 209 - Boys 9 Years/Over 100m Backstroke

TIMES NOT FASTER THAN - N.B. NO CUT OFF TIMES FOR 9 YEAR OLDS

Male						Female						
10	11	12	13	14	15/Ov	Events	10	11	12	13	14	15/Ov
32.50	30.20	28.50	27.00	26.50	24.00	50m Freestyle	32.50	31.00	30.50	29.50	28.50	26.50
1.10.50	1.06.00	1.01.90	58.50	57.10	55.50	100m Freestyle	1.11.80	1.07.50	1.04.10	1.02.50	1.01.90	1.00.10
38.50	34.00	32.50	31.80	30.50	28.00	50m Backstroke	38.50	34.50	33.50	32.70	31.50	30.90
1.22.30	1.16.50	1.11.80	1.06.90	1.03.80	1.02.10	100m Backstroke	1.20.50	1.16.40	1.10.80	1.08.70	1.06.10	1.05.00
42.50	41.00	38.00	36.00	34.00	31.90	50m Breaststroke	42.50	41.50	38.50	37.00	35.80	35.00
1.32.80	1.27.00	1.20.00	1.15.10	1.12.30	1.10.90	100m Breaststroke	1.33.60	1.26.50	1.22.10	1.19.10	1.15.80	1.14.80
36.50	34.40	32.00	31.20	29.50	27.00	50m Butterfly	36.50	34.50	32.50	30.90	30.50	28.50
1.22.70	1.15.10	1.10.70	1.06.90	1.03.00	1.01.00	100m Butterfly	1.22.90	1.15.70	1.10.90	1.09.10	1.06.80	1.04.50
2.52.00	2.43.60	2.34.80	2.26.90	2.20.20	2.16.50	200m IM	2.51.90	2.43.40	2.35.00	2.30.50	2.28.50	2.25.50

PLEASE NOTE THERE IS NO ADDITIONAL TOLERANCE PERMITTED ON THE ABOVE TIMES.
NO ENTRIES WILL BE ACCEPTED WITH TIMES FASTER THAN THE CUT OFF TIMES.
NO AWARDS WILL BE MADE TO SWIMMERS WHO SWIM FASTER THAN THE ABOVE CUT OFF TIMES, THEY WILL HOWEVER RECEIVE A SPEEDING TICKET.



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SATURDAY 23rd APRIL 2016
(3NE160227)

CASH SUMMARY

Club Name

Contact Name

Address

Tel No

E-Mail Address (please print)

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Number of Boys Entries @ £5.00 each Sub – total £.....

Number of Girls Entries @ £5.00 each Sub – total £.....

Number of Coaches Passes @ £6.00 each Sub – total £.....

GRAND TOTAL£.....

Please make cheques payable to **Stocksbridge Pentaqua Swimming Club** and return this form with payment to:

Jayne Neal
32 Ward Street
Penistone
Sheffield
S36 6EP

Email: pentaqua.clubroom@gmail.com