



ASANER Championships 2016: 50m Qualifying Times

Youth & Senior Age: 30 April & 1 May Sunderland Aquatic Centre Entry Closing Date 8 April

Age Group: 21-22nd & 28-29 May at Ponds Forge ISC Sheffield Entry Closing Date: 29 April

Age at 31st December 2016

Male					Female			
11/12 years	13 years	14 years	15 years & over (Youth & Senior)		11/12 years	13 years	14 years	15 years & over (Youth & Senior)
31.70	29.90	28.90	27.10	50m Freestyle	31.10	30.70	29.60	29.60
1.09.40	1.05.80	1.02.10	57.60	100m Freestyle	1.07.90	1.06.40	1.03.80	1.03.00
2.31.80	2.24.00	2.16.40	2.08.00	200m Freestyle	2.27.30	2.26.40	2.18.20	2.16.20
5.30.80	5.10.80	4.49.60	4.34.00	400m Freestyle	5.11.40	5.11.30	4.50.50	4.50.00
				800m Freestyle	10.27.00	10.13.50	9.42.50	9.40.00
21.08.00	19.32.00	18.34.00	18.15.00	1500m Freestyle				
36.90	35.60	33.20	33.00	50m Backstroke	36.20	36.00	33.80	33.60
1.20.40	1.17.50	1.11.90	1.08.00	100m Backstroke	1.18.50	1.18.20	1.12.40	1.12.20
2.50.30	2.45.00	2.32.80	2.28.00	200m Backstroke	2.47.20	2.45.30	2.34.10	2.33.60
41.70	40.00	38.00	36.00	50m Breaststroke	40.40	39.40	38.80	38.70
1.31.60	1.26.90	1.24.40	1.20.00	100m Breaststroke	1.28.40	1.27.80	1.24.70	1.24.00
3.19.10	3.09.30	2.59.20	2.55.00	200m Breaststroke	3.10.60	3.08.50	3.02.80	3.00.30
35.10	33.50	32.10	29.70	50m Butterfly	34.00	33.50	32.10	32.00
1.19.90	1.16.50	1.12.70	1.06.00	100m Butterfly	1.17.50	1.16.90	1.12.50	1.11.80
3.06.00	2.53.00	2.43.50	2.25.00	200m Butterfly	3.03.60	2.55.60	2.45.20	2.44.00
2.50.30	2.43.60	2.34.00	2.29.50	200m Ind.Medley	2.45.60	2.45.50	2.37.10	2.36.20
6.21.60	6.12.60	5.36.80	5.11.00	400m Ind.Medley	5.59.40	5.59.10	5.35.00	5.34.70

Qualifying times must have been achieved no earlier than 1 September 2015 & be downloaded from the British Swimming Rankings. Only such times will be accepted for entry. Converted Times will be accepted using the ASA Equivalent Performance Tables. Times set in Level 4 Meets will not be accepted.