

HARROGATE DISTRICT SWIMMING CLUB
(Affiliated to ASA North Eastern Region.)

SUMMER A GRADE MEET

(under ASA Laws and ASA Technical Rules)

DATE: **SATURDAY & SUNDAY 11th & 12th JUNE 2016**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

THIS MEET IS LICENSED AT LEVEL 3 BY THE A.S.A. (3NE160246) AND RESULTS WILL QUALIFY SWIMMERS FOR ENTRY INTO REGIONAL & COUNTY CHAMPIONSHIPS.
SWIMMERS MUST NOT HAVE SWUM FASTER THAN THE UPPER LIMIT TIME, IN THE 12 MONTHS PRECEDING ENTRY. (CONVERTED TIMES WHERE APPROPRIATE)

THERE IS NO MINIMUM ENTRY TIME REQUIRED FOR THIS GALA

THE MEET Boys/Girls 9–15 & over: 50, 100, 200 metres all strokes & 400m Free plus 100, 200 & 400 I.M.
All events are Heat Declared Winner.

Ages at 12th June 2016

AWARDS: Rewards as follows:
9 & 10 years; Top 8 swimmers.
11, 12, 13, 14, 15 & over. Top 3 swimmers only.
An Alternative Award will be given to swimmers who swim faster than the Upper Limit Time by the following margins:-
50m - 1 second, 100m - 2 seconds, 200m - 4 seconds, 400m - 8 seconds.

ENTRIES: Accepted under HDSC Terms & Conditions at a Cost of £5 per event.
Coaches passes to include a meals, programme, result sheets and entry onto the poolside £20.
THIS MEET WILL NOT BE 'FIRST COME, FIRST SERVED'
If the meet is oversubscribed the slowest entries in each event will be rejected having regard to the Upper Limit Time in each age group.

Clubs submitting entries for more than 5 swimmers must do so electronically. Entry file sets will be available from our website www.swimharrogate.org

Details from:-
Barry Saunders,
42 Greenfields Road,
HARROGATE, HG2 7PH.
Telephone:- 01423 885326
Email:- compsec@swimharrogate.org

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS AS SOON AS ENTRIES ARE PROCESSED.)

CLOSING: **22nd May 2016**