



YORK CITY BATHS CLUB

AUTUMN SWIM EXTRAVAGANZA



Saturday/Sunday 24th/25th September 2016
The Aquatics Centre, John Charles Centre for Sport, Leeds

PROGRAMME OF EVENTS

All events are Heat Declared Winner

Please contact Joanne Rooke at ycbc.galasecretary@gmail.com for further information

Saturday 24th September 2016

Session 1		
Warm up 8am – Session starts at 9am		
101	Boys	50m Backstroke
102	Girls	50m Backstroke
103	Boys	200m Freestyle
104	Girls	200m Freestyle
105	Boys	100m Breaststroke
106	Girls	100m Breaststroke
107	Boys	200m Butterfly
108	Girls	200m Butterfly

Session 2		
Warm up 1pm (TBC) – Session starts at 2pm (TBC)		
201	Girls	50m Freestyle
202	Boys	50m Freestyle
203	Girls 10 and over	400m Freestyle
204	Boys 10 and over	400m IM
205	Girls	100m Freestyle
206	Boys	100m Freestyle
207	Girls	200m IM

Sunday 25th September 2016

Session 3		
Warm up 8am – Session starts at 9am		
301	Girls	50m Breaststroke
302	Boys	50m Breaststroke
303	Girls	200m Breaststroke
304	Boys	200m Breaststroke
305	Girls	100m Butterfly
306	Boys	100m Butterfly
307	Girls	200m Backstroke
308	Boys	200m Backstroke

Session 4		
Warm up 1pm (TBC) – Session starts at 2pm (TBC)		
401	Boys	50m Butterfly
402	Girls	50m Butterfly
403	Boys 10 and over	400m Freestyle
404	Girls 10 and over	400m IM
405	Boys	200m IM
406	Girls	100m Backstroke
407	Boys	100m Backstroke