



Spenborough Swimming Club

(Affiliated to ASA North East Region)

Invite you to our

All Grades Bonfire Bash

(Held under ASA Laws and Technical Rules – Level 3 Licensed Meet – 3NE160854)

SUNDAY 6th NOVEMBER 2016

John Charles Centre for Sport, Leeds

In 2015 we hosted our 125th Anniversary Gala with some great feedback....

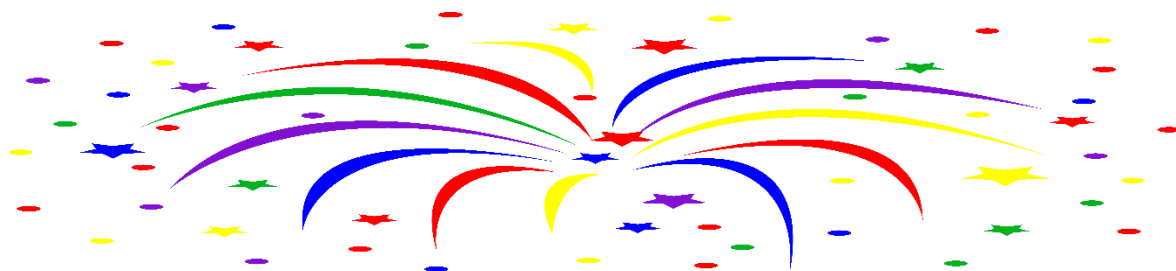
“Thank you for a great day - all together a fantastic event”

“Friendly and welcoming”

“Great organisation, very efficiently run”

“Medals and trophies were excellent”

End the year with a **BANG** and see your swimmers
ROCKET!!!





Meet Details

A, B & C Graded Short Course Sprints Meet
9 to 15 year and over - 50m sprints in all four strokes and 100m IM for all ages
100m events in all four strokes for 15yrs & over
Mixed Team Cannon Event
All events HDW
Age as at midnight 6th November 2016

Session 1

Girls 9 years
Boys 10 years
Girls 11 & 12 years
Boys 13 & 14 years
Girls 15+ years
Mixed Team 8 x 25m Cannon

Session 2

Boys 9 years
Girls 10 years
Boys 11 & 12 years
Girls 13 & 14 years
Boys 15+ years
Mixed Team 8 x 25m Cannon

Awards

Awards to Top 6 in each group and every grade
Speeding Tickets awarded for swimming faster than the Cut-Off Time for the entered Grade
Top Boy & Top Girl in each age group
Trophy for Top Cannon teams in each session
Top Club Trophy
Spot Prizes

Entries

Cost £5.00 per event – minimum 2 events per swimmer
Coach passes £15 (£2 refunded on return of pass) inclusive of lunch, programme, start sheets and timings sheet & full results via www.openmeets.co.uk
Spectator admission £5 per session/£8 for the day, OAP/Children (over 5) £3 per session/£5 per day.
The meet programme will ONLY be available online. This will be available to print prior to the meet.

Entries will be accepted strictly on a “first come first served” basis with email confirmation as soon as entries are processed.

Entry times can be modified on-line up to the night before the meet
Entries to be made electronically via www.openmeets.co.uk or through the link on our club website at www.spenboroughswimmingclub.org.uk
Payment by BACS (details available upon request) or by Cheque payable to “Spensorough Swimming Club” by post to Michael Brickwood, 17 Portal Drive, Mirfield, West Yorkshire, WF14 0JL
Closing Date Midnight 11th October 2016 or when the meet is full.

Email: spenmeets@gmail.com

Promoter: Michael Brickwood



BOYS – CUT OFF TIMES (NO FASTER THAN)

AGE	GRADE	50M FREE	100M FREE	50M FLY	100M FLY	50M BACK	100M BACK	50M BREAST	100M BREAST	100M IM
9 yrs	A	35.00		39.00		41.50		46.00		1.31.00
	B	41.00		46.00		45.00		52.00		1.41.00
	C	47.50		52.00		52.00		59.50		1.51.00
10 yrs	A	33.00		37.00		38.00		43.00		1.24.00
	B	38.00		42.00		44.50		49.00		1.33.50
	C	43.50		48.50		51.00		56.00		1.42.00
11 yrs	A	30.50		34.00		35.00		39.50		1.19.00
	B	35.00		39.50		40.50		45.50		1.29.00
	C	40.00		45.00		46.00		51.50		1.38.00
12 yrs	A	29.50		33.00		34.00		36.50		1.14.50
	B	33.50		37.50		39.00		43.00		1.23.00
	C	38.00		43.00		44.00		49.00		1.32.00
13 yrs	A	28.00		30.50		32.00		35.00		1.10.00
	B	31.00		35.00		36.00		40.00		1.18.50
	C	36.00		39.50		40.50		45.00		1.27.50
14 yrs	A	27.00		29.50		31.00		34.00		1.06.50
	B	30.00		33.50		35.00		38.50		1.15.00
	C	34.50		38.00		40.00		43.00		1.23.00
15+yrs	A	25.50	57.50	28.00	1.05.00	29.00	1.07.00	32.00	1.19.00	1.02.50
	B	29.50	1.05.00	32.00	1.11.50	33.00	1.14.00	37.00	1.25.00	1.10.50
	C	33.50	1.12.50	36.50	1.17.50	37.00	1.21.00	41.50	1.33.00	1.19.50

GIRLS – CUT OFF TIMES (NO FASTER THAN)

AGE	GRADE	50M FREE	100M FREE	50M FLY	100M FLY	50M BACK	100M BACK	50M BREAST	100M BREAST	100M IM
9 yrs	A	35.00		39.00		42.00		46.00		1.31.00
	B	40.00		45.50		48.00		53.00		1.41.00
	C	46.50		52.50		55.50		59.50		1.51.00
10 yrs	A	33.50		37.00		38.00		43.50		1.25.00
	B	38.50		42.50		44.00		50.00		1.35.00
	C	44.00		48.00		50.00		57.00		1.45.00
11 yrs	A	31.00		34.50		37.00		41.00		1.18.00
	B	35.50		39.50		42.00		46.00		1.28.00
	C	41.00		45.00		48.00		52.00		1.38.00
12 yrs	A	30.00		33.50		34.00		38.00		1.16.00
	B	34.00		38.50		39.00		44.00		1.24.00
	C	39.50		43.50		44.50		50.00		1.34.00
13 yrs	A	28.50		32.00		33.00		36.50		1.13.00
	B	33.00		36.00		37.00		42.00		1.21.50
	C	37.50		41.00		42.50		47.50		1.30.00
14 yrs	A	28.00		31.00		32.50		36.00		1.11.00
	B	32.00		35.50		36.50		41.00		1.18.00
	C	36.00		40.00		41.50		45.50		1.27.00
15+yrs	A	27.50	1.04.00	30.50	1.11.50	32.00	1.13.50	35.50	1.24.00	1.09.50
	B	31.50	1.11.50	34.50	1.20.00	36.00	1.21.50	40.00	1.31.50	1.17.50
	C	35.00	1.18.00	39.00	1.28.50	41.00	1.29.50	44.50	1.38.00	1.25.50



Meet Conditions

1. The promoter for this event is Mr Michael Brickwood
2. The competition will be held under ASA law & technical rules.
3. Over the top starts may be used at the lead referee's discretion.
4. All individual events will be heat declared winners.
5. The pool is 25m long, 10 lanes with anti wave lane ropes and electronic timing.
6. Age groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15yrs & over. Ages at midnight 6th November 2016.
7. All entries must show the full date of birth and age on day of each swimmer.
8. Entries must be sent using our online entry system. Paper/email entries will not be accepted. In the event that the meet is under subscribed or there are a large number of withdrawals additional entries from swimmers already accepted to the meet may be offered. Poolside entries are at the discretion of the entries manager.
9. Entry times are to be based on 25m pool times or converted 50m pool times by use of the ASA conversion tables.
11. Swimmers may enter the individual medley event only if they have entered at least one other individual event.
12. Swimmers entered into the team cannon events must have entered at least one other event.
13. Cannon teams in each session must comprise of a total of 4 Boys and 4 Girls swimming in any order. Each team to be made up from:-
Two Boys/Two Girls from 11yrs and under. Two Boys/Two Girls from 15+ and under.
14. The closing date for entries is midnight 11th October 2016 and refers the final date on which entries must be submitted through the on-line entry system.
15. Entries are accepted on the 'first come, first served basis' only.
16. Should entries be over-subscribed, the promoter reserves the right to limit entries by rejection of the last entries received. Session times and event schedules may be altered to take account of any distortion or imbalance in entries. Any changes to session times or event schedule will be notified at least two weeks prior to the meet.
17. Check-in lists will be provided for each club which must be completed and handed to the technical team by the deadline, which will be announced on the day.
18. The fees for this event are £5 for each individual entry. Entries to the team cannon event will be free. Strictly no refunds for withdrawals after the closing date or the date entries are closed when the meet is full whichever is soonest.
19. In each event and grade, points will be awarded to the top six in each age group and grade (6, 5, 4, 3, 2 and 1) Points will be totalled for top boy, top girl and top club overall. If there is a tie on points, awards will be given to the swimmer/club with the most 1st places, etc. No points are awarded for the Cannon or speeding tickets.
20. Trophies/medals/awards will be made for each event to the first six in each gender, age group and grade. All awards should be collected from the awards table during the meet.
21. Any swimmer swimming faster than the cut-off time for their entered grade will receive a speeding ticket. These can be collected from the timing suite at the end of each session.
22. Coaches must wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and coaches/team managers with a valid coaches pass will be allowed on poolside. Each team will have a designated poolside area.
23. Coach passes are priced at £15.00 each and include programme, start lists and a full access to results through our website which will be published on the day of the meet. £2.00 will be refunded on return of passes
24. Coaches and team managers are wholly responsible for the conduct of their swimmers during the course of the meet, including warm-ups which must be supervised.
25. Admission for spectators will be £5.00 per session, £8.00 for a full day, concessions £3/£5. Programmes will be on available on line only. The spectator area will be cleared between sessions.
26. Any point not covered by these rules will be at the discretion of the lead referee and/or promoter.



Session Times and Events

Session 1 Morning	
Warm Up	
Girls 8am to 8.25am Boys 8.25am to 8.50 am	
First Heat 9.00am	
101	Girls 9, 11, 12 and 15+ years 100m IM
102	Boys 10, 13 and 14 years 100m IM
103	Girls 9yrs 50m Backstroke
104	Girls 15yrs+ 50m Freestyle
105	Boys 10yrs 50m Breaststroke
106	Girls 11, 12yrs 50m Backstroke
107	Boys 13, 14yrs 50m Freestyle
108	Girls 15yrs+ 100m Butterfly
109	Girls 9yrs 50m Breaststroke
110	Boys 10yrs 50m Backstroke
111	Girls 15yrs+ 50m Backstroke
112	Girls 11, 12yrs 50m Breaststroke
113	Boys 13, 14yrs 50m Butterfly
114	Girls 15yrs+ 100m Freestyle
115	Girls 9yrs 50m Freestyle
116	Boys 10yrs 50m Butterfly
117	Girls 15yrs+ 50m Breaststroke
118	Girls 11, 12yrs 50m Freestyle
119	Boys 13, 14yrs 50m Breaststroke
120	8 x 25m Cannon
121	Girls 15yrs+ 100m Backstroke
122	Girls 9yrs 50m Butterfly
123	Boys 10yrs 50m Freestyle
124	Girls 15yrs+ 50m Butterfly
125	Girls 11, 12yrs 50m Butterfly
126	Boys 13, 14yrs 50m Backstroke
127	Girls 15yrs+ 100m Breaststroke

Session 2 Afternoon	
Warm Up	
Girls 1.00pm to 1.25pm Boys 1.25pm to 1.50 pm	
First Heat 2.00pm	
201	Boys 9, 11, 12 and 15+ years 100m IM
202	Girls 10, 13 and 14 years 100m IM
203	Boys 9yrs 50m Backstroke
204	Boys 15yrs+ 50m Freestyle
205	Girls 10yrs 50m Breaststroke
206	Boys 11, 12yrs 50m Backstroke
207	Girls 13, 14yrs 50m Freestyle
208	Boys 15yrs+ 100m Butterfly
209	Boys 9yrs 50m Breaststroke
210	Girls 10yrs 50m Backstroke
211	Boys 15yrs+ 50m Backstroke
212	Boys 11, 12yrs 50m Breaststroke
213	Girls 13, 14yrs 50m Butterfly
214	Boys 15yrs+ 100m Freestyle
215	Boys 9yrs 50m Freestyle
216	Girls 10yrs 50m Butterfly
217	Boys 15yrs+ 50m Breaststroke
218	Boys 11, 12yrs 50m Freestyle
219	Girls 13, 14yrs 50m Breaststroke
220	8 x 25m Cannon
221	Boys 15yrs+ 100m Backstroke
222	Boys 9yrs 50m Butterfly
223	Girls 10yrs 50m Freestyle
224	Boys 15yrs+ 50m Butterfly
225	Boys 11, 12yrs 50m Butterfly
226	Girls 13, 14yrs 50m Backstroke
227	Boys 15yrs+ 100m Breaststroke



Officials

Finally, as ever we are extremely grateful to the group of volunteers who ensure the gala's run smoothly. If any club is able to provide any licensed officials their help would be greatly appreciated. Please let Michael know by dropping an email to spenmeets@gmail.com if you are able to help in anyway.

Remember, remember the 6th November.

See you all then, if not before.