



Girls

Slower than

Age	50m Free	100m Free	200m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	100m IM
8		XXXX	XXXX		XXXX		XXXX		XXXX	XXXX
9	40.0	1.23.0	3.15.0	47.5	1.30.0	52.5	1.48.5	49.5	1.49.0	1.50.0
10	36.5	1.19.0	2.54.0	42.5	1.27.0	49.5	1.44.5	42.5	1.44.0	1.45.0
11	34.5	1.15.0	2.38.0	40.5	1.24.0	47.5	1.36.5	40.5	1.38.0	1.40.0
12	33.5	1.11.0	2.27.5	39.5	1.21.0	43.5	1.32.5	39.5	1.24.0	1.30.0
13	32.5	1.08.0	2.25.0	38.5	1.19.0	42.5	1.30.5	37.5	1.19.0	1.20.0
14+	31.5	1.06.0	2.21.5	37.5	1.17.0	41.5	1.28.5	35.5	1.17.0	1.10.0

Faster than

Age	50m Free	100m Free	200m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	100m IM
8	1.15.0	XXXX	XXXX	1.15.0	XXX	1.30.0	XXXX	1.20.0	XXXX	XXXX
9	1.10.0	2.00.0	3.40.0	1.10.0	2.20.0	1.25.0	2.20.0	1.15.0	2.20.0	2.20.0
10	1.05.0	1.55.0	3.30.0	1.05.0	2.10.0	1.15.0	2.15.0	1.10.0	2.10.0	2.10.0
11	1.00.0	1.50.0	3.20.0	1.00.0	2.00.0	1.10.0	2.10.0	1.05.0	2.00.0	2.00.0
12	55.0	1.45.0	3.10.0	55.0	1.50.0	1.00.0	2.00.0	1.00.0	1.50.0	1.50.0
13	45.0	1.40.0	3.00.0	50.0	1.40.0	55.0	1.50.0	50.0	1.40.0	1.45.0
14+	40.0	1.35.0	2.50.0	45.0	1.30.0	50.0	1.40.0	40.0	1.30.0	1.40.0

Boys

Slower than

	50Free	100Free	200Free	50Back	100Back	50Breast	100Breast	50 Fly	100 Fly	100 IM
8		XXXX	XXXX		XXXX		XXXX		XXXX	XXXX
9	39.5	1.23.5	3.16.0	47.5	1.30.0	54.5	1.48.5	49.6	1.49.0	1.50.0
10	36.5	1.19.5	2.56.0	42.5	1.28.0	49.5	1.46.5	42.6	1.44.0	1.45.0
11	34.5	1.15.5	2.37.5	38.5	1.25.0	47.5	1.41.0	37.5	1.29.0	1.40.0
12	32.5	1.09.5	2.30.5	37.5	1.21.0	45.5	1.36.0	35.5	1.25.0	1.30.0
13	30.5	1.07.5	2.25.0	36.5	1.18.0	43.5	1.30.0	33.4	1.20.0	1.20.0
14+	28.5	1.02.5	2.16.5	35.5	1.13.0	41.0	1.26.5	31.4	1.12.5	1.10.0

Faster than

Age	50m Free	100m Free	200m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly	100m IM
8	1.05.0	XXXX	XXXX	1.15.0	XXXX	1.40.0	XXXX	1.30.0	XXXX	XXXX
9	1.00.0	1.45.0	4.15.0	1.10.0	2.20.0	1.30.0	2.20.0	1.20.0	2.20.0	2.20.0
10	55.0	1.40.0	4.00.0	1.05.0	2.10.0	1.20.0	2.10.0	1.10.0	2.10.0	2.10.0
11	50.0	1.35.0	3.45.0	1.00.0	2.00.0	1.10.0	2.00.0	1.00.0	2.00.0	2.00.0
12	45.0	1.30.0	3.30.0	55.0	1.50.0	1.00.0	1.50.0	55.0	1.50.0	1.50.0
13	40.0	1.25.0	3.20.0	50.0	1.40.0	50.0	1.40.0	50.0	1.40.0	1.45.0
14+	35.0	1.20.0	3.10.0	45.0	1.30.0	48.0	1.30.0	40.0	1.30.0	1.40.0