

Swim England North East Age Group Championships (25m) $3^{rd} \& 4^{th}$ November 2018 Ponds Forge International Sports Centre, Sheffield Entry Closing Date: 19th October 2018

Boys 25m	Qualifying	Times	Events	Girls 25n	n Qualifyin	g Times
11 years	12 years	13 years		11 years	12 years	13 years
33.00	31.00	29.40	50m Freestyle	32.50	30.90	30.00
1.11.50	1.07.00	1.03.00	100m Freestyle	1.10.00	1.07.00	1.05.00
2.36.00	2.24.00	2.17.00	200m Freestyle	2.33.50	2.25.00	2.19.00
5.34.00	5.10.00	4.50.00	400m Freestyle	5.24.00	5.06.50	4.52.50
			800m Freestyle		10.50.00	10.10.00
	20.10.00	19.20.00	1500m Freestyle			
38.00	35.50	34.00	50m Backstroke	37.60	36.00	34.50
1.22.50	1.18.00	1.12.50	100m Backstroke	1.21.00	1.16.00	1.13.00
2.55.00	2.45.00	2.32.00	200m Backstroke	2.52.00	2.43.00	2.37.00
43.50	40.50	38.00	50m Breaststroke	42.00	40.00	39.00
1.38.00	1.29.00	1.23.00	100m Breaststroke	1.33.00	1.26.00	1.24.50
3.23.00	3.11.50	3.00.50	200m Breaststroke	3.16.00	3.09.00	3.02.00
38.00	35.50	33.30	50m Butterfly	37.00	34.00	32.70
1.25.00	1.20.00	1.15.00	100m Butterfly	1.22.50	1.17.00	1.14.00
3.20.50	2.54.00	2.41.00	200m Butterfly	3.10.00	3.00.00	2.46.00
1.26.00	1.21.50	1.16.00	100m Ind. Medley	1.23.50	1.19.50	1.15.50
2.54.00	2.42.00	2.33.50	200m Ind. Medley	2.51.00	2.45.00	2.38.00
6.15.00	5.44.00	5.28.00	400m Ind. Medley	6.15.00	5.50.00	5.42.00

Entry Times must be downloaded from the British Swimming Rankings (Levels 1-3)

Schedule of Events							
Session 1				Session 3			
Saturday 3	Saturday 3 rd November @ 09:00				Novem	nber @ 09:00	
Boys 12/13	1500m	Freestyle		Girls 12/13	800m	Freestyle	
Girls	100m	Breaststroke		Boys	100m	Breaststroke	
Boys	200m	Breaststroke		Girls	200m	Breaststroke	
Girls	400m	Ind. Medley		Boys	400m	Ind. Medley	
Boys	100m	Freestyle		Girls	100m	Freestyle	
Girls	200m	Freestyle		Boys	200m	Freestyle	
Boys	50m	Backstroke		Girls	50m	Butterfly	
Girls	50m	Backstroke		Boys	50m	Butterfly	
	Session 2				Sessio	n 4	
Saturday :	Saturday 3 rd November @ TBC				^h Nover	nber @ TBC	
Girls	200m	Backstroke		Boys	200m	Backstroke	
Boys	200m	Ind. Medley		Girls	200m	Ind. Medley	
Girls	100m	Butterfly		Boys	100m	Butterfly	
Boys	100m	Backstroke		Girls	100m	Backstroke	
Girls	400m	Freestyle		Boys	400m	Freestyle	
Boys	200m	Butterfly		Girls	200m	Butterfly	
Girls	100m	Ind. Medley		Boys	100m	Ind. Medley	
Boys	50m	Breaststroke		Girls	50m	Freestyle	
Girls	50m	Breaststroke		Boys	50m	Freestyle	

Age as on 31st December 2018 All events are HDW

Email: swimming@proudys.plus.com



Swim England North East Open Championships (25m) Ponds Forge International Sports Centre Sheffield 3rd & 4th November Entry Closing Date 19th October

Session 1				Session 3				
Sa	aturday 3 rd	ay 3 rd November @ 09:00			Sunday 4 th November @ 09:00			
Men	100m	Freestyle		Women	100m	Freestyle		
Women	200m	Freestyle		Men	200m	Freestyle		
Men	50m	Breaststroke		Women	50m	Breaststroke		
Women	100m	Breaststroke		Men	100m	Breaststroke		
Men	400m	Ind. Medley		Women	400m	Ind. Medley		
Women	100m	Butterfly		Men	100m	Butterfly		
Men	100m	Backstroke		Women	100m	Backstroke		
Women	50m	Backstroke		Men	50m	Backstroke		
Men	200m	Butterfly		Women	200m	Butterfly		
Women	200m	Ind. Medley		Men	200m	Ind. Medley		
Men	400m	Freestyle		Women	400m	Freestyle		
Women	50m	Freestyle		Men	50m	Freestyle		
Men	200m	Breaststroke		Women	200m	Breaststroke		
Women	800m	Freestyle HDW		Men	1500m	Freestyle HDW		
Men	50m	Butterfly		Women	50m	Butterfly		
Women	200m	Backstroke		Men	200m	Backstroke		
Men	100m	Ind.Medley		Women	100m	Ind.Medley		
Women	4x100m	Freestyle Team HDW		Men	4x100m	Freestyle Team HDW		
Men	4x100m	Medley Team HDW		Women	4x100m	Medley Team HDW		
Session 2 Finals @ TBC					Session	on 4 Finals @ TBC		
Women	4x200m	Freestyle Team HDW		Men	4x200m	n Freestyle Team HDW		

Qualifying Times (25m)						
Entry times must be from the British Rankings (Levels 1-3)						
Men		Women				
26.90	50m Freestyle	29.00				
59.00	100m Freestyle	1.02.50				
2.10.20	200m Freestyle	2.18.00				
4.35.00	400m Freestyle	4.48.00				
	800m Freestyle	10.00.00				
18.35.00	1500m Freestyle					
31.80	50m Backstroke	33.20				
1.09.50	100m Backstroke	1.11.40				
2.28.50	200m Backstroke	2.33.50				
35.80	50m Breaststroke	37.50				
1.20.20	100m Breaststroke	1.23.50				
2.53.50	200m Breaststroke	3.01.50				
29.80	50m Butterfly	31.20				
1.08.40	100m Butterfly	1.10.80				
2.36.00	200m Butterfly	2.38.00				
1.10.00	100m Ind. Medley	1.13.00				
2.28.70	2.28.70 200m Ind. Medley					
5.02.00	400m Ind. Medley	5.29.00				

Email: swimming@proudys.plus.com