

# DARLINGTON DANDER Sunday 7th October 2018

(ASA LEVEL 3 - 3NE181462)

# **Dolphin Centre** Horsemarket, Darlington, DL1 5RP





### DARLINGTON DANDER OCTOBER MEET

SUNDAY 7th OCTOBER 2018 Dolphin Centre, Darlington (ASA LEVEL 3 – 3NE181462)

## **Programme of Events**

| Sessi  | on 1   Warm up  | - 8:3                 | 0am   <b>Start</b> - 9:30am  |
|--|---|-----------------------|--|
| 101.   | Boys 9/Over   | -                     | 100m Individual Medley   |
| 102.   | Girls 9/Over  | -                     | 100m Breaststroke  |
| 103.   | Boys 9/Over   | -                     | 50m Butterfly  |
| 104.   | Girls 9/Over  | -                     | 50m Backstroke   |
| 105.   | Boys 9/Over   | -                     | 100m Freestyle   |
| 106.   | Girls 9/Over  | -                     | 100m Butterfly   |
| 107.   | Boys 9/Over   | -                     | 50m Breaststroke   |
| 108.   | Girls 9/Over  | -                     | 50m Freestyle  |
| 109.   | Boys 9/Over   | -                     | 100m Backstroke  |
| 110.   | * Mixed Team  | 12/U                  | nder - 8x50m Freestyle "cannon" (4boys + 4girls)   |
|  |   |                       |  |
|  |   |                       |  |
| Sessi  | on 2   Warm up  | - 1.0                 | 0pm   <b>Start -</b> 2.00pm  |
| Sessio<br>201.                               | on 2   <b>Warm up</b><br>Girls 9/Over   |                       | 0pm   Start - 2.00pm<br>100m Individual Medley   |
|  |   | -                     |  |
| 201.   | Girls 9/Over  | -<br>-                | 100m Individual Medley   |
| 201.<br>202.                                 | Girls 9/Over<br>Boys 9/Over   | -<br>-<br>-           | 100m Individual Medley<br>100m Breaststroke  |
| 201.<br>202.<br>203.                         | Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over   | -<br>-<br>-           | 100m Individual Medley<br>100m Breaststroke<br>50m Butterfly   |
| 201.<br>202.<br>203.<br>204.                 | Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over<br>Boys 9/Over                                | -<br>-<br>-<br>-      | 100m Individual Medley<br>100m Breaststroke<br>50m Butterfly<br>50m Backstroke                                     |
| 201.<br>202.<br>203.<br>204.<br>205.         | Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over                | -<br>-<br>-<br>-<br>- | 100m Individual Medley<br>100m Breaststroke<br>50m Butterfly<br>50m Backstroke<br>100m Freestyle                   |
| 201.<br>202.<br>203.<br>204.<br>205.<br>206. | Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over<br>Boys 9/Over<br>Girls 9/Over<br>Boys 9/Over | -<br>-<br>-<br>-<br>- | 100m Individual Medley<br>100m Breaststroke<br>50m Butterfly<br>50m Backstroke<br>100m Freestyle<br>100m Butterfly |

210. \*Mixed Team 13/Over - 8x50m Freestyle "cannon" (4boys + 4girls)

### \*Mixed Team "cannon events" with CASH prizes for winning team!!!!

### Conditions

- Entry fees individual events =  $\pounds$ 5.00 entry file ( $\pounds$ 5.50 paper entries), cannon teams entry =  $\pounds$ 10.
- All events HDW basis.
- Age on 7th October 2018.
- Age groups 9yrs, 10yrs, 11yrs, 12yrs, 13yrs 14yrs, 15/0ver yrs.
- 3 Place medals in individual events.
- Closing date for entries 14th September 2018.
- Qualifying times Upper limits will apply. Swimmers outside QT for their age and event will be excluded.
- Team "cannon" entries maximum 3 entries per club/per event.



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# Upper limit times Swimmers MUST NOT have achieved FASTER times

|        |        |        | BOYS   |        |        |        | DARLINGTON DANDER<br>OCTOBER MEET 2017 |        |        |        | GIRLS  |        |        |        |
|--------|--------|--------|--------|--------|--------|--------|--|--------|--------|--------|--------|--------|--------|--------|
| 6      | 10     | 11     | 12     | 13     | 14     | 15+    | EVENT                                  | 6      | 10     | 11     | 12     | 13     | 14     | 15+    |
| 35.5   | 32.8   | 31.1   | 29.4   | 27.9   | 26.8   | 25.3   | 50m Free                               | 35.7   | 33.4   | 31.4   | 30.1   | 29.3   | 28.8   | 28.1   |
| OPEN   | 1.12.0 | 1.07.0 | 1.03.3 | 59.8   | 57.4   | 54.3   | 100m Free                              | OPEN   | 1.13.4 | 1.07.5 | 1.04.3 | 1.02.5 | 1.01.7 | 1.00.1 |
| 46.8   | 43.0   | 40.4   | 37.7   | 35.3   | 33.9   | 31.6   | 50m Breast                             | 47.2   | 43.3   | 40.5   | 38.3   | 36.9   | 36.0   | 35.3   |
| OPEN   | 1.33.3 | 1.26.3 | 1.20.7 | 1.15.8 | 1.12.6 | 1.08.1 | 100m Breast                            | OPEN   | 1.33.8 | 1.26.4 | 1.21.8 | 1.18.7 | 1.16.6 | 1.15.3 |
| 40.8   | 36.9   | 34.9   | 32.9   | 30.9   | 29.5   | 27.3   | 50m Fly                                | 40.9   | 36.9   | 34.8   | 33.2   | 32.1   | 31.3   | 30.4   |
| OPEN   | 1.23.2 | 1.16.3 | 1.11.7 | 1.07.0 | 1.03.9 | 59.4   | 100m Fly                               | OPEN   | 1.23.3 | 1.16.3 | 1.12.2 | 1.09.4 | 1.08.0 | 1.06.2 |
| 41.6   | 38.0   | 35.9   | 33.9   | 32.1   | 30.8   | 28.6   | 50m Back                               | 41.5   | 38.1   | 35.8   | 34.3   | 33.3   | 32.6   | 31.5   |
| OPEN   | 1.22.1 | 1.15.9 | 1.11.4 | 1.07.6 | 1.04.4 | 1.00.4 | 100m Back                              | OPEN   | 1.22.8 | 1.16.2 | 1.12.0 | 1.09.8 | 1.08.5 | 1.06.3 |
| 1.31.4 | 1.23.8 | 1.19.5 | 1.15.2 | 1.10.7 | 1.06.9 | 1.02.8 | 100m Individual Medley                 | 1.32.7 | 1.24.7 | 1.19.3 | 1.15.5 | 1.12.9 | 1.11.5 | 1.09.4 |



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# **Meet Conditions**

- 1. The Dolphin Centre, Darlington 8 lane, 25m pool with Omega electronic timing system. Swim down pool will be in operation.
- 2. Events will be 50m and 100m all strokes plus 100m Individual medley ages 9/Over. Plus Freestyle challenge "cannon" team events for cash prizes. All events will be heat declared winners.
- 3. Ages at 7th October 2018. Upper limit qualifying times apply. Entry times must have been achieved between 9th October 2017 (day after previous Dander Gala) and closing date.
- 4. Age groups for awards are **9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15/over yrs**. Medals will be awarded to the first three in each age group.
- 5. Team "cannon" events for 12/Under and 13/Over ages and mixed gender 4 boys and 4 girls. To be swum in any gender and age order. Maximum 3 cannon entries per club, per event. Individuals must not swim in more than one "cannon" team for their club. Swimmers are not permitted to swim up an age group in the "cannon" events. Swimmers to be declared before start of each session including swim order, name and date of birth (template will be provided). To win the prize ages will be verified. Individuals to compete for only one club during the meet.
- Individual events entry fees = £5.00 (Sportsystem file) any paper entries £5.50 (entries to be submittedby relevant Club co-ordinator/competition secretary). "Cannon" team entries = £10 per team. Entry file from Meet Manager - Carol Bottomley Tel: 07970265209. Email: carolbottomley@ntlworld.com. Payment to by bank transfer to Darlington Amateur Swimming Club account (sort code 09-01-27 | account number 98784079), use reference DD+ CLUB NAME, or by cheque made payable to DASC.
- 7. Referee's decision is final.
- 8. Closing date for entries 14th September 2018. Should entries be over-subscribed, individuals will be rejected from the slowest entries ages 10/Over years.
- 9. Seeded heat start lists will be produced prior to start of each session. Any withdrawal forms must be presented in the recorder's office no later than 60 minutes before start of each session.
- 10. Over the top starts will be used during the meet at the discretion of the referee. Swimmers will be requested to remain in the water until asked to leave the pool.
- 11. Poolside passes £10.00 (includes programme and lunch). Coaches/Team Managers will not be permitted on poolside without the necessary pass. All swimmers must be supervised by a responsible person displaying a coach pass. Individuals are responsible for their own belongings. Lockers are available in the changing village at cost of £1.20 from reception (£1 refundable).
- 12. Admission for spectators £3 per session or £5 for full day. Programme £2. Children under 5 years and not requiring a seat will be admitted free of charge. Please note poolside spectator area is very limited.
- 13. Car Parking in Darlington costs £1 all day on Sundays.
- 14. A swimwear supplier will display on the day to be confirmed.
- 15. The use of any independent photographic equipment (camera/mobile) is permitted as long as it is declared please sign the book available at the entrance desk.

Any points not covered above will be at the discretion of the Meet Manager. Referee's decision is final.