## YORKSHIRE SWIMMING ASSOCIATION **WINTER COMPETITION 2019**

(Swim England Licensed at Level 2)

# Saturday 19<sup>th</sup> & Sunday 20<sup>th</sup> October 2019 Ponds Forge International Sports Centre, Sheffield

Short Course – 25 metre.

Age at 20<sup>th</sup> October 2019

## Sunday 20<sup>th</sup> October 2019

Saturday 19 <sup>th</sup> October 2019		Session Three – Warm Up 8am – Start 9am		
Session One – Warm Up 8am – Start 9am		Boys 15/16 & over	50m Back	
Girls 13/14 years	50m Free	Girls 15/16 & over	50m Back	
Boys 13/14 years	50m Free	Boys 13/14 years	50m Fly	
Girls 15/16 & over	100m Breast	Girls 13/14 years	50m Fly	
Boys 15-16 & over	100m Breast	Boys 15/16 & over	100m Free	
Girls 13/14 & over	200m I.M.	Girls 15/16 & over	100m Free	
Boys 13/14 & over	200m I.M.	Boys 13/14 years	100m Breaststroke	
Girls 15/16 & over	100m Back	Girls 13/14 years	100m Breaststroke	
Boys 15/16 & over	100m Back	Boys 15/16 & over	50m Fly	
Girls 13/14 years	50m Back	Girls 15/16 & over	50m Fly	
Boys 13/14 years	50m Back			
Session Two – Warm Up 1pm – Start 2pm				
Session Two - Warm Up	1pm – Start 2pm	Session Four – Warm Up	•	
Session Two – Warm Up Girls 13/14 years	1pm – Start 2pm 50m Breast	Boys 15/16 years	200m I.M.	
	•	Boys 15/16 years Girls 15/16 years	200m I.M. 200m I.M.	
Girls 13/14 years	50m Breast	Boys 15/16 years Girls 15/16 years Boys 13/14 years	200m I.M. 200m I.M. 100m Back	
Girls 13/14 years Boys 13/14 years	50m Breast 50m Breast	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years	200m I.M. 200m I.M. 100m Back 100m Back	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over	50m Breast 50m Breast 50m Free	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over	50m Breast 50m Breast 50m Free 50m Free	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years	200m I.M. 200m I.M. 100m Back 100m Back	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over Girls 13/14 years	50m Breast 50m Breast 50m Free 50m Free 100m Fly	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over Girls 15/16 & over Boys 13/14 years	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast 50m Breast 100m Freestyle	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over Girls 13/14 years Boys 13/14 years	50m Breast 50m Breast 50m Free 50m Free 100m Fly 100m Fly	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over Girls 15/16 & over	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast 50m Breast 100m Freestyle 100m Freestyle	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over Girls 13/14 years Boys 13/14 years Girls 15/16 years	50m Breast 50m Breast 50m Free 50m Free 100m Fly 100m Fly 400m I.M.	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over Girls 15/16 & over Boys 13/14 years Girls 1314 years Boys 15/16 & over	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast 50m Breast 100m Freestyle 100m Freestyle	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over Girls 13/14 years Boys 13/14 years Girls 15/16 years	50m Breast 50m Breast 50m Free 50m Free 100m Fly 100m Fly 400m I.M.	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over Girls 15/16 & over Boys 13/14 years Girls 1314 years	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast 50m Breast 100m Freestyle 100m Freestyle	
Girls 13/14 years Boys 13/14 years Girls 15/16 & over Boys 15/16 & over Girls 13/14 years Boys 13/14 years Girls 15/16 years	50m Breast 50m Breast 50m Free 50m Free 100m Fly 100m Fly 400m I.M.	Boys 15/16 years Girls 15/16 years Boys 13/14 years Girls 13/14 years Boys 15/16 & over Girls 15/16 & over Boys 13/14 years Girls 1314 years Boys 15/16 & over	200m I.M. 200m I.M. 100m Back 100m Back 50m Breast 50m Breast 100m Freestyle 100m Freestyle	

All Events are Heat Declared Winner. Medals will be awarded to swimmers placed 1st, 2nd and 3rd in each of the Age Groups 13,14,15,16 & over

### **QUALIFYING TIMES FOR A 25 METRE POOL**

LONG COURSE CONVERTED TIMES ACCEPTED

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS)

13	14	15	16 & over
31.3	29.5	28.6	28.0
1.10.2	1.05.6	1:01.9	59.8
43.0	40.6	39.4	37.0
1.34.3	1.28.2	1:25.1	1:23.7
35.6	34.2	32.9	29.8
1.22.0	1.19.2	1:15.6	1:09.9
37.5	35.7	34.6	34.3
1.20.2	1.16.2	1:14.8	1:11.4
2.54.6	2.42.4	2:38.6	2:36.9
5.50.0	5.15.0	5:05.0	5:00.0
0.00.0	0.10.0	0.00.0	0.00.0
0.00.0	0.10.0	0.00.0	0.00.0
13	14	15	16 & over
13	14	15	16 & over
13 30.9	14 30.5	15 30.3	16 & over 30.0
13 30.9 1.07.9	14 30.5 1.06.6	15 30.3 1:06.3	16 & over 30.0 1:06.0
13 30.9 1.07.9 40.9	14 30.5 1.06.6 40.8	15 30.3 1:06.3 40.8	16 & over 30.0 1:06.0 40.7
13 30.9 1.07.9 40.9 1.29.5	14 30.5 1.06.6 40.8 1.29.3	15 30.3 1:06.3 40.8 1:29.0	16 & over 30.0 1:06.0 40.7 1:28.5
13 30.9 1.07.9 40.9 1.29.5 34.7	14 30.5 1.06.6 40.8 1.29.3 34.3	15 30.3 1:06.3 40.8 1:29.0 34.2	16 & over 30.0 1:06.0 40.7 1:28.5 33.5
13 30.9 1.07.9 40.9 1.29.5 34.7 1.19.9	14 30.5 1.06.6 40.8 1.29.3 34.3 1.18.9	15 30.3 1:06.3 40.8 1:29.0 34.2 1:17.9	16 & over 30.0 1:06.0 40.7 1:28.5 33.5 1:17.5
13 30.9 1.07.9 40.9 1.29.5 34.7 1.19.9 35.8	14 30.5 1.06.6 40.8 1.29.3 34.3 1.18.9 35.7	15 30.3 1:06.3 40.8 1:29.0 34.2 1:17.9 35.6	16 & over 30.0 1:06.0 40.7 1:28.5 33.5 1:17.5 35.3
	31.3 1.10.2 43.0 1.34.3 35.6 1.22.0 37.5 1.20.2 2.54.6	31.3 29.5 1.10.2 1.05.6 43.0 40.6 1.34.3 1.28.2 35.6 34.2 1.22.0 1.19.2 37.5 35.7 1.20.2 1.16.2 2.54.6 2.42.4	31.3     29.5     28.6       1.10.2     1.05.6     1:01.9       43.0     40.6     39.4       1.34.3     1.28.2     1:25.1       35.6     34.2     32.9       1.22.0     1.19.2     1:15.6       37.5     35.7     34.6       1.20.2     1.16.2     1:14.8       2.54.6     2.42.4     2:38.6