



Development Squad Criteria



Development Squad is the first competitive training squad at York City Baths Club.

The aim of the squad is to build on the basic technical skills learnt in teaching and to introduce race skills such as dive starts and Individual Medley turns to prepare the swimmers for their first competitions.

The squad is for swimmers aged between 7 and 11 years old and offers four sessions a week.

Minimum Attendance Requirements:

- 10 Years & under - 2 training sessions each week
- 11 Years & over - 3 training sessions each week

Attendance will be regularly monitored by the coaching team.

Competitions:

- 4 competitions each season including Club Championships

Swimmers who fail to maintain these standards may lose their place in the squad.

Performance Pathway:

County Squad

Promotion into County Squad will be based on a continued assessment from the Squad Coach and approved by the Head Coach. This assessment will be based on the following:

- Technical skill over four strokes
- Speed
- Commitment to training
- Attitude to training

Before consideration, swimmers must currently be meeting the minimum requirements of Development Squad.

Junior Club Squad

Swimmers who are 11 years old, and have not achieved promotion to County Squad, may be offered a place in Junior Club Squad. This squad is for those swimmers who are still committed to furthering their swimming development and want to remain in a competitive environment.