# $28^{\text {th }}$ Meeting du Lac Vevey, Switzerland 27-28 June 2020 



Indoor warm up pool $4 \times 25$ metres

## Where

- Swimming pool at Vevey-Corseaux-Plage - Route de Lavaux 19-1802 Corseaux /Vevey.
- Poolside location bordering Lake Geneva.
- Outdoor Olympic pool of $8 \times 50$ metres.
- Indoor warm up/down pool of $4 \times 25$ metres.
- Automatic timing with Omega touch pads at both ends of the pool.
- 8 lanes timings on display.


## Complementary Information

- Lakeside stand for spectators, 100 seats.
- Food stall available throughout the day.
- Free entry to the public.
- Free parking of 320 spaces available at Nestlé (next to the pool).


## Participation/Rules/Organisation of heats and categories

The Meeting du Lac, Vevey is open to all clubs who are members of a Federation part of FINA.
The swimmers of Swiss clubs must be in possession of a licence through Swiss Swimming.
The applicable rules follow those of FINA and Swiss Swimming.
The heats will be formed by entry time.

The results of individual races will be established by the following age categories :

- Youth 1: 16 years and over (2004 and earlier)
- Youth 2: 14 and 15 years (2006 and 2005)
- Youth 3: 12 and 13 years (2008 and 2007)
- Youth 4: 11 years and younger (2009 and later)

Age at $31^{\text {st }}$ December 2020.

Categories for the distances of 200 m and 400 m are

- 14 years (2006) and younger and
- 15 years (2005) and older.

Relays are a general category (all ages).
In case of high demand, the organisers reserve the right to limit the number of heats in the $\mathbf{2 0 0 m}$ and 400 m distance events.

## Jury

Vevey Natation Riviera organise the jury of the competition.

## Insurance

Each participant (swimmers and coaches) is responsible for their insurance. The club organiser declines all responsibility in case of accidents during the competition.

## Entries

Swiss clubs must enter their entries by e-mail following the programme Splash - Team Manager, final version, in format LENEX.

Overseas clubs can use the entry form in annex.

The structure of the competition can be found on our website http://www.vevey-natation.ch.

## VEVEY NATATION RIVIERA CONTACT DETAILS

Vevey Natation Riviera
CP 1216
1800 Vevey
Switzerland

Tél. +41.21.921.91.31

Mail: meetingdulac@vevey-natation.ch

The deadline for entries is Monday 15 June 2020.

No confirmation of entries will be sent to clubs but it is possible to see the entries on the website www.swimrankings.net a few days before.

The clubs who wish to swim on Friday evening can do so from 18h00, but must announce this to meetingdulac@vevey-natation.ch before Monday 22 June 2020.

Last chance for qualifying for the Swiss Championships !

## Registration costs

The deadline for entries is Monday 15 June 2020

- The price per individual race is Frs. 8.-
- The price per relay team is Frs. 12.-.

For the payment, please make your payment to :
Postfinance SA, Mingerstrasse 20, 3030 Bern, Switzerland
CCP : 18-1887-9
IBAN : CH 8509000000180018879
BIC/SWIFT : POFICHBEXXX
Clearing : 09000

Deadline for payment : 15 June 2020

Overseas teams can pay their entry costs and meal costs at the welcome stand before the start of the competition in cash.

No bill will be sent. The organisers reserve the right to withdraw entries in the event of non payment of fees.

## Meals

We offer a lunchtime meal at a price of 14.- CHF
You can use the form in annex to reserve your meals before Monday 15 June 2020.
You can pay for these at the pool on day one or by bank transfer.

## Hotels

Vevey: Hôtel Abaca, Avenue Gilamont 56, 1800 Vevey
Tél. : +41.21.922.22.70, info@abaca.ch , http://www.abaca.ch
Corsier: $\quad$ Hôtel de la Place, Place du Temple 5, 1804 Corsier-sur-Vevey Tél. : +41.21.922.12.87, hoteldelaplace@hotmail.com , http://www.hotel-de-la-place.ch

## Prizes

- The top 3 swimmers of each age category and event will receive a medal.
- The best performances of the weekend (Individual races only), Men and Women, based on FINA points will receive a prize of 200.- CHF



## Rules and a special prize

## The Henri Reymond Challenge

This will be awarded to the best club and will be based on the following points :
1 st place 10 points, $2^{\text {nd }}$ place 8 points, 3 rd place 6 points, 4 th place 5 points, 5 th place 4 points, 6 th place 3 points, $7^{\text {th }}$ place 2 points et $8^{\text {th }}$ place 1 point.
Only the first swimmer of each club in each age category are awarded the points.

The winning club receive the special prize Henri Reymond.
The club Vevey Natation Riviera won the challenge in 2019.


## Special IM chase event

The results are based from the 200 IM event held on Saturday morning (events 7 and 8 ). The first two swimmers of each age category qualify (Youth 1, Youth 2, Youth 3, Youth 4).
There will be 8 male swimmers and 8 female swimmers who then swim this special 200 IM race.
The race starts by a whistle being blown. The slowest swimmer goes first followed by the next 7 swimmers based on a handicap calculated from their swim times of the morning.
The first three swimmers will receive a prize.

## Relays 8x50m IM Mixed

The relays must be composed of 4 girls and 4 boys. Each swim 50 m of a $4 \times 100 \mathrm{IM}$.
Each stroke must be swam by 1 girl and 1 boy.
General age category.
The first three relay teams will receive a prize.

## Relays 8x50 Free Mixed

Each team must be composed of a minimum of 4 girls.
General age category.
The first three relay teams will receive a prize.

## Programme Saturday 27 June 2020

- Entry to Vevey-Corseaux-Plage

07h30

- Warm up starts 08h00
- Team leader meeting 08h00
- Last changes 08h00
- Meeting of jury 08h15

- End of warm up in 50 m pool

08h45

- Start of the competition

09h00

| 1 | 200 | Back | Boys |
| :--- | :--- | :--- | :--- |
| 2 | 100 | Back | Girls |
| 3 | 100 | Breast | Boys |
| 4 | 200 | Breast | Girls |
| 5 | 50 | Butterfly | Boys |
| 6 | 50 | Butterfly | Girls |
| 7 | 200 | IM | Boys |
| 8 | 200 | IM | Girls |

Qualification for IM chase event Qualification for IM chase event

- Lunch
- Afternoon session starts

12h30
14h00

Medal ceremony for events 1 to 8

| 10 | 400 | Free | Boys |
| :--- | :--- | :--- | :--- |
| 11 | 200 | Free | Girls |
| 12 | 50 | Breast | Boys |
| 13 | 50 | Breast | Girls |
| 14 | 200 | Butterfly | Boys |
| 15 | 100 | Free | Girls |

Medal ceremony for events 9 to 15
7.1 IM Chase Boys (200m IM)
8.1 IM Chase Girls (200m IM)

Medal ceremony for IM Chase events 7.1 et 8.1

- Finish approx


## Programme Sunday 28 June 2020

- Entry to Vevey-Corseaux-Plage
- Warm up starts
- Team leader meeting
- Last changes
- Meeting of jury
- End of warm up in 50 m pool
- Start of the competition

07h30
08h00
08h00
08h00
08 h 15
08h45
09h00


| 16 | 200 | Back | Girls |
| :--- | :--- | :--- | :--- |
| 17 | 100 | Back | Boys |
| 18 | 100 | Breast | Girls |
| 19 | 200 | Breast | Boys |
| 20 | 50 | Free | Girls |
| 21 | 50 | Free | Boys |
| 22 | 200 | Butterfly | Girls |
| 23 | 100 | Butterfly | Boys |

- Lunch 12h30
- Afternoon session starts 14h00
$248 \times 50 \mathrm{~m}$ Free Mixed

Medal ceremony for events 16 to 23

| 25 | 400 | Free | Girls |
| :--- | :--- | :--- | :--- |
| 26 | 200 | Free | Boys |
| 27 | 50 | Back | Girls |
| 28 | 50 | Back | Boys |
| 29 | 100 | Butterfly | Girls |
| 30 | 100 | Free | Boys |

Medal ceremony for events 24 to 30

- Finish approx

