

## York City Baths Club Code of Conduct for Parents/Guardians

### As a parent/guardian of a club member we understand you have the right to:

- Be assured that your child is safeguarded during their time with us.
- Know how to access our club policies, rules and procedures.
- Be able to contact the Welfare Officer, and know that any concerns about your child's welfare will be listened to and responded to.
- Know what qualifications and training those with responsibility for your child have.
- Be informed of problems or concerns relating to your child, where appropriate.
- Be informed, and know the procedure should your child be involved in an accident or become injured.
- Provide your consent or otherwise for photography and trips away.
- Make a complaint to the club committee or Welfare Officer (as appropriate).

### As a parent/guardian of a club member we expect you to:

#### Essentials

- Make sure your child has the right kit for training and competitions as well as appropriate food and drink.
- Ensure your child arrives to sessions on time and is picked up promptly. Please inform the squad coach if there is an unavoidable problem, or if the swimmer needs to be collected early.
- Complete all consent, contact and medical forms, detailing any health conditions / concerns relevant to your child, and update us straight away if anything changes.
- Maintain a good relationship with your child's coach or teacher.
- Tell us if you wish to talk to us about any concerns regarding your child. We will arrange a mutually convenient time so you can talk to us.
- Not enter poolside or interrupt training or competitions, unless in an emergency situation. If you wish to have a discussion with the teacher/coach please speak at the start or end of a session.
- Stay on the premises at all times during sessions if your child is under the age of 9 years.

#### Behaviour

- Remember that children get a wide range of benefits from participating in our sport, like making friends, getting exercise and developing skills. It's not all about wins and losses.
- Behave positively as a spectator at training or competitions and treat others with respect.
- Give encouragement to your child and tell them when they've done well and provide support when they are struggling.
- Respect and celebrate difference in our club and not discriminate against anyone else on the grounds of gender, race, sexual orientation, faith or ability.
- Respect the children and adults competing for other teams at competitions.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Support the coach/teacher and committee and raise any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on the website.
- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which alleges a criminal offence will be reported to police by the club.
- Talk to your child to ensure they understand their Code of Conduct, the rules of the club and the sport, and encourage them to follow them.
- The club is unable to supervise the changing areas so please ensure your child adheres to all appropriate facility rules.
- Keep payments of all fees up to date.

## Club Policies

### Hydration Policy

- All YCBC Squad swimmers must bring a non-fizzy drink in a plastic non-spill container to every training session.
- It is recommended that swimmers in Development, County and Junior Club are consuming 500ml of fluid per hour of training. Swimmers in National, Regional and Club should be drinking 750ml per hour of training which may require the swimmers to bring a second bottle. This should be sipped at regular intervals during the session.
- It is expected that the swimmers bring adequate fluids for the full session and will not need to fill their bottles during the middle of the session.
- Swimmers arriving at sessions without a drink will not be permitted to swim.

### Time Keeping and Lateness

- Swimmers should be on poolside 10 minutes before the start of each session.
- If they are going to be more than 15 minutes late, swimmers should not attend - the session warm up will be finished, and the risk of injury is increased if swimmers are not properly warmed up before the main set.
- Club Squad swimmers attending the Sunday (1-hour) session should arrive on time to swim the full hour; there is no tolerance on this.

### Gala entries/competition policy

- The Coach should be consulted on the competition entries of each swimmer prior to the closing date. This can be done via email or before/after training sessions at an appropriate time. The coaches would like this communication to take place in advance of the closing date.
- Swimmers are expected to race in all of the events they have been entered for at a competition.
- Any withdrawals from selective events before or during a competition are at the discretion of the Coach. Parents should contact the Coach at the earliest convenience for a consideration to withdraw from a specific event. This will be assessed on an individual basis.
- Swimmers may be withdrawn from the rest of the meet by the Coach if they have withdrawn or missed a race without prior consent to do so by the Coach.

**Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee. Continued issues and repeated breaches may result in parents/guardians being asked not to attend the club, something we never want to do.**

**Signature of parent/guardian:**

**Print name:**

**Date:**