## Spenborough Swimming Club

(Affiliated to ASA North East Region)
Invite you to our 6th annual

(Held under ASA Laws and Technical Rules - Level 3 Licensed Meet - TBC)

## Date \& Venue

SUNDAY 14th NOVEMBER 2021
The Aquatics Centre, John Charles Centre for Sport, Leeds, LS11 5DJ

## Meet Details

A, B \& C Graded Short Course Sprints Meet. Age as of 7th November 2021
9 to 15 year and over -50 m sprints in all four strokes and 100m IM
Mixed Team Cannon Event
All events are Heat Declared Winners
Swimmers will be graded based upon time on the day, NOT on entry times.

## Awards

Awards to Top 6 in each group and every grade
Swimmers who exceed the 'A' grade cut off time will receive a Speeding Ticket
Top Boy \& Top Girl for all age groups irrespective of grading, Trophy for Top Cannon \& Top Club

## Entries

Cost $£ 5.50$ per event.
(Entry forms submitted directly by individuals/families will incur a $£ 1$ non - refundable admin fee)
Coach passes $£ 15$ inclusive of lunch, refreshments, programme and start sheets

Spectator admission $£ 5$ per session/ $£ 8$ for the day. Children under 16 and accompanied by an adult will be admitted free of charge. Programmes $£ 2$

Entries will be accepted strictly on a "first come first served" basis with email confirmation as soon as entries are processed. Entry times can be modified on-line up to the night before the meet.
Entries to be made on line via www.openmeets.co.uk (can be accessed through the link on our club website at www.spenboroughswimmingclub.org.uk)

Closing Date Midnight 30 ${ }^{\text {th }}$ September 2021 or when the meet is full.
Email: spenmeets@gmail.com
Promoter: Michael Brickwood


## Officials

We would like each club to provide at least one official.
If you have someone qualified or working towards a qualification and willing to officiate at our meet please could you email it to Michael at spenmeets@gmail.com.

Lunch and refreshments will be provided.


Cut off Times
BOYS CUT OFF TIMES (NO FASTER THAN)

| BOYS CUT OFF TIMES (NO FASTER THAN) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AGE | GRADE | 50 M FREE | 50M FLY | 50M BACK | 50M BREAST | 100M IM |
| 9 yrs | A | 32.50 | 37.50 | 39.00 | 43.00 | 1.21 .00 |
|  | B | 39.00 | 46.00 | 45.00 | 52.00 | 1.38 .00 |
|  | C | 47.50 | 52.00 | 52.00 | 59.50 | 1.51 .00 |
| 10 yrs | A | 31.50 | 37.00 | 36.00 | 42.00 | 1.20 .00 |
|  | B | 38.50 | 43.50 | 45.50 | 49.50 | 1.38 .00 |
|  | C | 43.50 | 49.50 | 51.50 | 56.50 | 1.51 .00 |
| 11 yrs | A | 30.00 | 34.00 | 35.00 | 38.00 | 1.17.00 |
|  | B | 35.50 | 39.50 | 41.50 | 45.50 | 1.32.00 |
|  | C | 39.50 | 45.50 | 46.50 | 52.50 | 1.43 .00 |
| 12 yrs | A | 28.50 | 31.50 | 32.00 | 36.00 | 1.10.00 |
|  | B | 33.50 | 37.50 | 38.50 | 42.50 | 1.26 .00 |
|  | C | 37.50 | 42.50 | 43.50 | 48.50 | 1.36 .00 |
| 13 yrs | A | 26.00 | 29.00 | 30.00 | 33.50 | 1.07 .00 |
|  | B | 31.50 | 35.50 | 36.50 | 39.50 | 1.19 .00 |
|  | C | 36.50 | 39.50 | 39.50 | 44.50 | 1.31 .00 |
| 14 yrs | A | 25.50 | 28.00 | 28.50 | 33.00 | 1.06 .00 |
|  | B | 29.50 | 33.50 | 34.50 | 38.50 | 1.17 .00 |
|  | C | 34.50 | 37.50 | 39.50 | 43.50 | 1.27 .00 |
| 15+yrs | A | 24.00 | 26.00 | 27.50 | 31.00 | 1.03 .00 |
|  | B | 29.50 | 31.50 | 32.50 | 36.50 | 1.13 .00 |
|  | C | 33.50 | 36.50 | 36.50 | 41.50 | 1.22.00 |

GIRLS CUT OFF TIMES (NO FASTER THAN)

| AGE | GRADE | 50M FREE | 50M FLY | 50M BACK | 50M BREAST | 100M IM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9 yrs | A | 33.00 | 38.00 | 39.00 | 43.00 | 1.21 .00 |
|  | B | 39.00 | 46.00 | 45.00 | 52.00 | 1.38 .00 |
|  | C | 47.50 | 52.00 | 52.00 | 59.50 | 1.51 .00 |
| 10 yrs | A | 32.50 | 35.00 | 38.00 | 40.00 | 1.18 .00 |
|  | B | 39.50 | 43.50 | 44.50 | 50.50 | 1.38 .00 |
|  | C | 44.50 | 48.50 | 50.50 | 57.50 | 1.51 .00 |
| 11 yrs | A | 29.00 | 33.00 | 34.00 | 37.00 | 1.13 .00 |
|  | B | 35.50 | 39.50 | 40.50 | 46.50 | 1.32 .00 |
|  | C | 40.50 | 45.50 | 45.50 | 52.50 | 1.43 .00 |
| 12 yrs | A | 28.00 | 31.00 | 33.00 | 35.50 | 1.11.00 |
|  | B | 34.50 | 38.50 | 39.50 | 43.50 | 1.26 .00 |
|  | C | 39.50 | 43.50 | 44.50 | 49.50 | 1.36 .00 |
| 13 yrs | A | 27.00 | 30.00 | 30.00 | 35.00 | 1.10 .00 |
|  | B | 33.50 | 36.50 | 37.50 | 42.50 | 1.19 .00 |
|  | C | 38.50 | 41.50 | 42.50 | 47.50 | 1.31 .00 |
| 14 yrs | A | 26.50 | 29.00 | 29.50 | 33.50 | 1.06.00 |
|  | B | 32.50 | 35.50 | 36.50 | 41.50 | 1.22 .00 |
|  | C | 36.50 | 40.50 | 42.50 | 46.50 | 1.33 .00 |
| 15+yrs | A | 25.50 | 28.50 | 28.00 | 33.00 | 1.03 .00 |
|  | B | 31.50 | 34.50 | 36.50 | 40.50 | 1.19 .00 |
|  | C | 35.50 | 39.50 | 41.50 | 45.50 | 1.30 .00 |

End the year with a BANG and see your swimmers ROCKET!!!


## Session Times and Events

| Session 1 Morning <br> Warm Up 8am <br> First Heat 9.00am |  |
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| $\mathbf{1 0 1}$ | $8 \times 25 m$ Team Cannon |
| $\mathbf{1 0 2}$ | Girls 11, 12 \& 15+ Years 100m Individual Medley |
| $\mathbf{1 0 3}$ | Boys 9, 10, 13 \& 14 Years 100m Individual Medley |
| $\mathbf{1 0 4}$ | Girls 11 \& 12 Years 50m Backstroke |
| $\mathbf{1 0 5}$ | Boys 9 \& 10 Years 50m Breaststroke |
| $\mathbf{1 0 6}$ | Girls 15+ Years 50m Butterfly |
| $\mathbf{1 0 7}$ | Boys 13 \& 14 Years 50m Freestyle |
| $\mathbf{1 0 8}$ | Girls 11 \& 12 Years 50m Breaststroke |
| $\mathbf{1 0 9}$ | Boys 9 \& 10 Years 50m Backstroke |
| $\mathbf{1 1 0}$ | Girls 15+ Years 50m Freestyle |
| $\mathbf{1 1 1}$ | Boys 13 \& 14 Years 50m Butterfly |
| $\mathbf{1 1 2}$ | Girls 11 \& 12 Years 50m Freestyle |
| $\mathbf{1 1 3}$ | Boys 9 \& 10 Years 50m Butterfly |
| $\mathbf{1 1 4}$ | Girls 15+ Years 50m Backstroke |
| $\mathbf{1 1 5}$ | Boys 13 \& 14 Years 50m Breaststroke |
| $\mathbf{1 1 6}$ | Girls 11 \& 12 Years 50m Butterfly |
| $\mathbf{1 1 7}$ | Boys 9 \& 10 Years 50m Freestyle |
| $\mathbf{1 1 8}$ | Girls 15+ Years 50m Breaststroke |
| $\mathbf{1 1 9}$ | Boys 13 \& 14 50m Backstroke |

## Session 2 Afternoon Warm Up 1.00pm First Heat 2.00pm

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$8 \times 25 \mathrm{~m}$ Team Cannon
Girls 9, 10, 13 \& 14 Years 100m Individual Medley
Boys 11,12 \& 15+ Years 100m Individual Medley
Girls 9 \& 10 Years 50m Backstroke
Boys 11 \& 12 Years 50m Breaststroke
Girls 13 \& 14 Years 50m Butterfly
Boys 15+ Years 50m Freestyle
Girls 9 \& 10 Years 50m Breaststroke
Boys 11 \& 12 Years 50m Backstroke
Girls 13 \& 14 Years 50m Freestyle
Boys 15+ Years 50m Butterfly
Girls 9 \& 10 Years 50m Freestyle
Boys 11 \& 12 Years 50m Butterfly
Girls 13 \& 14 Years 50m Backstroke
Boys 15+ Years 50m Breaststroke
Girls 9 \& 10 Years 50m Butterfly
Boys 11 \& 12 Years 50m Freestyle
Girls 13 \& 14 Years 50m Breaststroke
Boys 15+ 50m Backstroke


Meet Conditions

1. The promoter for this event is Mr Michael Brickwood
2. The competition will be held under ASA law \& technical rules.
3. Over the top starts may be used at the lead referee's discretion.
4. All individual events will be heat declared winners.
5. The pool is 25 m long, 10 lanes with anti wave lane ropes and electronic timing.
6. Age groups are 9 yrs, $10 \mathrm{yrs}, 11 \mathrm{yrs}, 12 \mathrm{yrs}, 13 \mathrm{yrs}, 14 \mathrm{yrs} \& 15 \mathrm{yrs} \&$ over. Ages at 7 th November 2021.
7. Entries must be sent using our online entry system. Paper/email entries will not be accepted. In the event the meet is under subscribed or there are a large number of withdrawals additional entries from swimmers already accepted to the meet may be offered. Poolside entries are at the discretion of the entries manager.
8. Entry times are based on 25 m pool times or converted 50 m pool times by use of the ASA conversion tables. Swimmers can be entered with "No Time" but an estimated time would be preferable.
9. Swimmers entered into the team cannon events must have entered at least one other event.
10. Cannon teams in each session must comprise of a total of 4 Boys and 4 Girls swimming in any order. Each team to be made up from:-
Two Boys/Two Girls from 11yrs and under. Two Boys/Two Girls from 12 and over.
11. The closing date for entries is midnight 30th September 2021 and refers the final date on which entries must be submitted through the on-line entry system.
12. Entries are accepted on the 'first come, first served basis' only.
13. Check-in lists will be provided for each club which must be completed and handed to the technical team by the deadline, which will be announced on the day.
14. The fees are $£ 5.50$ per event. Entry forms submitted directly by individuals/families will incur a $£ 1$ non refundable administration fee. Entries to the team cannon event will be free. Strictly no refunds for withdrawals after the closing date or the date entries are closed when the meet is full whichever is soonest.
15. In each event and grade, points will be awarded to the top six in each age group and grade (6,5,4, 3, 2 and 1). Points will be totalled for top boy, top girl and top club overall. If there is a tie on points, awards will be given to the swimmer/club with the most 1st places, etc. No points are awarded for the Cannon or speeding tickets.
16. Trophies/medals/awards will be made for each event to the first six in each gender, age group and grade. All awards should be collected from the awards table during the meet.
17. Swimmers will be graded based upon their time on the day, not on entry times. Swimmers who exceed the ' $A$ ' grade cut off times will receive a Speeding Ticket.
18. OFFICIALS - We request that each club endeavours to provide a licensed official. Without these, the gala cannot run.
19. Coaches must wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and coaches/team managers with a valid coaches pass will be allowed on poolside. Each team will have a designated poolside area.
20. Coach passes are priced at $£ 15.00$ each and include lunch and refreshments, programme, start lists and a full access to results through our website which will be published on the day of the meet.
21. Coaches and team managers are wholly responsible for the conduct of their swimmers during the course of the meet, including warm-ups which must be supervised.
22. Admission for spectators will be $£ 5.00$ per session, $£ 8.00$ for a full day. Children under 16 and accompanied by an adult will be admitted free of charge. Programmes will be $£ 2$ each. The spectator area will be cleared between sessions.
23. Any point not covered by these rules will be at the discretion of the lead referee and/or promoter.
