

CITY OF LEEDS S.C.



IN ASSOCIATION WITH LCC



**2021
OCTOBER MEET
LEVEL 3
AT**

**AQUATICS CENTRE
JOHN CHARLES CENTRE FOR SPORT**

SAT 2ND / SUN 3RD OCTOBER 2021

City of Leeds S.C. October Meet 2021

<u>DATES</u>	Saturday 2 nd and Sunday 3 rd October 2021
<u>VENUE</u>	Aquatic Centre John Charles Centre for Sport, Middleton Grove Leeds, LS11 5DJ
<u>FACILITIES</u>	10 lane 25m Pool, Anti-wave lane ropes and Electronic timing. Swim Down Facilities will be available.
<u>MEET DIRECTOR</u> <u>POSTAL ENTRIES</u>	K Schofield John Charles Aquatics Centre, Middleton Grove, Leeds, LS11 5DJ
<u>SPORTSYSTEMS ENTRIES</u>	leedsentries@gmail.com
<u>AGE GROUPS</u>	BOYS 9, 10, 11, 12, 13, 14, 15, 16/OV Years GIRLS 9, 10, 11, 12, 13, 14, 15, 16/OV Years
<u>EVENTS</u>	ALL Events Mixed Gender & Age Groups ALL Heat Declared Winners 50m/100m/200m all strokes 400m Freestyle 200m IM/ 400m IM
<u>AWARDS</u>	Medals to 1 st three in each age group.
<u>PURPOSE OF THE MEET</u>	To enable athletes to achieve times suitable for entry into Regional and County Championships and other meets at Level 1 or Level 2.
<u>FEES</u>	£6.50 per event (SportSystem entry files, via email) £7.50 per event (individual postal entries and individual emailed entries, Cheques payable to “City of Leeds Swimming Club”) Coaches passes for the weekend are £20 (Includes a Programme, start sheets as well as Lunch and refreshments)

CLOSING DATE FRIDAY 10th SEPTEMBER 2021



www.swimleeds.org.uk

City of Leeds S.C.
October Meet 2021
Event Schedule

Morning Sessions

Session One

Saturday 2nd October 2021

Warm Up: 8:00am Start 9:00am

Mixed	13/OV	400m IM
Mixed	12/UN	200m IM
Mixed	13/OV	100m Breaststroke
Mixed	12/UN	100m Backstroke
Mixed	13/OV	200m Freestyle
Mixed	12/UN	200m Butterfly
Mixed	13/OV	50m Butterfly
Mixed	12/UN	50m Breaststroke

Session Three

Sunday 3rd October 2021

Warm Up: 8:00am Start 9:00am

Mixed	12/UN	400m IM
Mixed	13/OV	200m IM
Mixed	12/UN	100m Breaststroke
Mixed	13/OV	100m Backstroke
Mixed	12/UN	200m Freestyle
Mixed	13/OV	200m Butterfly
Mixed	12/UN	50m Butterfly
Mixed	13/OV	50m Breaststroke

Afternoon Session

Session Two

Saturday 2nd October 2021

Warm Up: 1:00pm Start 2:00pm

Mixed	12/UN	400m Freestyle
Mixed	13/OV	200m Breaststroke
Mixed	12/UN	100m Butterfly
Mixed	13/OV	100m Freestyle
Mixed	12/UN	200m Backstroke
Mixed	13/OV	50m Backstroke
Mixed	12/UN	50m Freestyle

Session Four

Sunday 3rd October 2021

Warm Up: 1:00pm Start 2:00pm

Mixed	13/OV	400m Freestyle
Mixed	12/UN	200m Breaststroke
Mixed	13/OV	100m Butterfly
Mixed	12/UN	100m Freestyle
Mixed	13/OV	200m Backstroke
Mixed	12/UN	50m Backstroke
Mixed	13/OV	50m Freestyle



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City of Leeds S.C.
New Year Meet 2021
Meet Conditions

1. This meet is held under ASA Laws and ASA Technical Rules.
2. All competitors must be registered with the ASA or their own national association as appropriate.
3. Age as 3rd October 2021.
4. This meet will be run using the linked Sportsystems software, please use a training time where no time is available. **Converted short course times can be used and the Sportsystem entry file will be produced to accept these times.**
5. The promoter reserves the right to limit entries to meet gala license timing restrictions. Where this rule is invoked, the meet will be filled on based on **FIRST COME, FIRST SERVED**. Rejections will be made in each event rather than by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the meet organisers' discretion.
6. Sports Systems file will be released on the City of Leeds website on **Tuesday 31st August**.
7. Any electronic or postal entries received after the closing date will not be accepted.
8. BACS Payments should be made using the appropriate club code. For this Meet it is **OCT21(Your Club Code)** Your club code is something we will use to identify your payment e.g Leeds = COLEEDS (OCT21COLEEDS)
9. Bank Details for BACS payments are Sort Code: 402733, Account No: 41552961
10. Withdrawals – Please notify the meet desk before the start of the warm up (8.00am/1:00pm).
Email: leedsentries@gmail.com
11. No poolside entries will be accepted.
12. Clubs should provide a sort code and account number should there be any rejections or refunds.
13. All competitors must go through marshalling. If a competitor does not report to marshalling in time the event will proceed without the competitor.
14. If cancellation of the event is necessary then the only claim will be the entry fees paid.
15. Refunds will not be given for withdrawn swimmers, for entry errors or omissions attributable to the individual or their club. Only individuals who can prove they are not fit to compete due to injury, with evidence of a doctor's note may be given a refund.
16. A draft programme and live results will be posted on the website (www.swimleeds.org.uk)
17. All rejected swim refunds will be returned to the relevant clubs during the gala, or through BACS if requested.
18. The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final.
19. City of Leeds Swimming Club accepts no responsibility for loss or damage to competitor's personal belongings, how so ever caused, unless such damage is caused by the negligence of the City of Leeds Swimming Club.



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20. City of Leeds Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside. All swimmers on poolside should be accompanied by a person with a coaches pass and who has had a DBS check.
21. Any point not covered by these rules will be at the discretion of the Meet organisers.
22. Should any government restrictions due to COVID occur and the meet cannot go ahead, clubs will be refunded for entries in full.
23. Spectating at this meet will be based upon guidance at the time of the competition and depend on Leeds City Council building restrictions. More information will be available closer to the competition.



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City of Leeds S.C. October Meet 2021

Upper Limit Times

Swimmers must **NOT** be faster than the times listed below.

SHORT COURSE TIMES (long course converted will be accepted)

Events	Male							
	9	10	11	12	13	14	15	16/O
50m Freestyle	00:32.37	00:32.37	00:28.43	00:28.39	00:26.27	00:25.31	00:24.76	00:22.43
100m Freestyle	01:11.92	01:11.92	01:04.06	01:02.41	00:59.31	00:55.82	00:54.27	00:50.65
200m Freestyle	02:36.29	02:36.29	02:20.93	02:16.55	02:05.53	02:03.65	01:57.53	01:53.10
400m Freestyle	05:26.09	05:26.09	04:57.71	04:47.84	04:26.92	04:19.07	04:08.18	04:00.83
50m Backstroke	00:37.01	00:37.01	00:33.70	00:31.86	00:30.31	00:29.29	00:27.52	00:26.27
100m Backstroke	01:19.04	01:19.04	01:13.28	01:09.74	01:04.68	01:01.89	00:59.37	00:55.02
200m Backstroke	02:51.77	02:51.77	02:37.19	02:31.36	02:20.76	02:15.82	02:08.21	02:00.79
50m Breaststroke	00:43.66	00:43.66	00:39.43	00:36.09	00:32.77	00:32.46	00:31.17	00:27.88
100m Breaststroke	01:34.84	01:34.84	01:24.39	01:17.81	01:11.70	01:10.21	01:07.18	01:02.44
200m Breaststroke	03:15.05	03:15.05	02:56.21	02:47.91	02:35.50	02:33.72	02:27.12	02:20.03
50m Butterfly	00:34.71	00:34.71	00:30.43	00:29.67	00:29.00	00:28.59	00:27.63	00:26.65
100m Butterfly	01:18.85	01:18.85	01:07.34	01:05.33	01:01.72	00:59.75	00:58.54	00:54.73
200m Butterfly	02:59.44	02:59.44	02:35.10	02:30.95	02:19.17	02:12.24	02:07.48	02:00.84
200m Ind. Medley	02:53.40	02:53.40	02:35.06	02:32.90	02:22.33	02:19.83	02:11.81	02:00.32
400m Ind. Medley	06:00.12	06:00.12	05:20.05	05:11.56	04:56.65	04:48.48	04:37.44	04:11.62



City of Leeds S.C. October Meet 2021

Upper Limit Times

Swimmers must **NOT** be faster than the times listed below.

SHORT COURSE TIMES (long course converted will be accepted)

Events	Female							
	9	10	11	12	13	14	15	16/O
50m Freestyle	00:33.80	00:33.80	00:29.74	00:28.91	00:28.05	00:27.46	00:26.62	00:25.56
100m Freestyle	01:10.40	01:10.40	01:05.10	01:02.44	00:59.81	00:59.11	00:56.93	00:55.77
200m Freestyle	02:30.50	02:30.50	02:18.22	02:13.91	02:05.12	02:04.58	02:03.14	01:58.05
400m Freestyle	05:26.97	05:26.97	05:04.32	04:37.87	04:19.21	04:18.84	04:15.75	04:08.40
50m Backstroke	00:38.90	00:38.90	00:35.81	00:32.98	00:31.64	00:30.46	00:29.54	00:28.20
100m Backstroke	01:20.32	01:20.32	01:14.28	01:08.57	01:05.38	01:04.09	01:04.11	00:59.68
200m Backstroke	02:45.86	02:45.86	02:38.21	02:29.79	02:16.64	02:15.31	02:14.78	02:09.62
50m Breaststroke	00:42.25	00:42.25	00:37.17	00:34.49	00:34.33	00:33.81	00:33.38	00:31.84
100m Breaststroke	01:24.71	01:24.71	01:21.06	01:14.20	01:13.11	01:12.88	01:10.85	01:08.88
200m Breaststroke	03:02.01	03:02.01	02:54.89	02:38.98	02:36.70	02:35.22	02:30.36	02:26.07
50m Butterfly	00:36.62	00:36.62	00:33.42	00:29.40	00:29.28	00:28.61	00:27.55	00:27.55
100m Butterfly	01:20.55	01:20.55	01:16.92	01:04.97	01:04.57	01:03.75	01:00.56	01:00.14
200m Butterfly	03:00.43	03:00.43	02:51.69	02:23.13	02:17.18	02:15.20	02:13.87	02:11.02
200m Ind. Medley	02:55.14	02:55.14	02:41.29	02:25.88	02:20.49	02:20.00	02:15.69	02:14.48
400m Ind. Medley	06:00.78	06:00.78	05:41.93	05:08.59	04:56.62	04:54.25	04:47.79	04:41.49

