

# YORKSHIRE SWIMMING ASSOCIATION WINTER COMPETITION 2022 – LOWER AGE GROUPS

(Licensed by Swim England 2NE221236)

**Saturday 22<sup>nd</sup> & Sunday 23<sup>rd</sup> October 2022**

Ponds Forge International Sports Centre, Sheffield, Short Course – 25 metre.

**Age at 23<sup>rd</sup> October 2022**

## **Saturday 22<sup>nd</sup> October 2022**

Session One – Warm Up 8am – Start 9am

Girls 9/10 years	50m Free
Boys 9/10 years	50m Free
Girls 11-12 years	100m Breast
Boys 11-12 years	100m Breast
Girls 9/10 years	100m I.M.
Boys 9/10 years	100m I.M.
Girls 11-12 years	100m Back
Boys 11-12 years	100m Back
Girls 9/10 years	50m Back
Boys 9/10 years	50m Back

Session Two – Warm Up 1pm – Start 2pm

Girls 11/12 years	200m I.M.
Boys 11/12 years	200m I.M.
Girls 9/10 years	50m Breast
Boys 9/10 years	50m Breast
Girls 11/12 years	50m Free
Boys 11/12 years	50m Free
Girls 9/10 years	100m Fly
Boys 9/10 years	100m Fly
Girls 11-12 years	100m Fly

## **Sunday 23<sup>rd</sup> October 2022**

Session Three – Warm Up 8-30am – Start 9-30am

Boys 11/12 years	50m Back
Girls 11/12 years	50m Back
Boys 9/10 years	50m Fly
Girls 9/10 years	50m Fly
Boys 11/12 years	100m Free
Girls 11/12 years	100m Free
Boys 9/10 years	100m Breaststroke
Girls 9/10 years	100m Breaststroke
Boys 11/12 years	50m Fly
Girls 11/12 years	50m Fly

Session Four – Warm Up 1pm – Start 2pm

Boys 11/12 years	50m Breast
Girls 11/12 years	50m Breast
Boys 9/10 years	100m Back
Girls 9/10 years	100m Back
Boys 11-12 years	100m Fly
Girls 9/10 years	100m Freestyle
Boys 9/10 years	100m Freestyle
Girls 11/12 years	400m I.M.
Boys 11/12 years	400m I.M.

**All Events Heat Declared Winner. Medals will be awarded to swimmers placed 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each of the Age Groups 9,10,11 & 12 years.**

### **QUALIFYING TIMES FOR A 25 METRE POOL**

(LONG COURSE CONVERTED TIMES ACCEPTED)

(ENTRY TIMES MUST BE RECORDED IN BRITISH SWIMMING RANKINGS SINCE 1<sup>ST</sup> SEPTEMBER 2020 AT ANY LEVEL)

BOYS				
EVENT	9	10	11	12
50m Freestyle	54.1	41.7	38.6	33.5
100m Freestyle	1.51.6	1.37.9	1:27.8	1:18.5
50m Breaststroke	1.10.5	57.6	52.9	47.8
100m Breaststroke	2.32.3	2.11.0	1:56.6	1:45.1
50m Butterfly	1.09.5	52.5	47.2	35.7
100m Butterfly	2.30.2	2.14.9	1:42.3	1:31.9
50m Backstroke	1.03.0	49.9	46.6	40.0
100m Backstroke	2.09.3	1.53.5	1:41.3	1:33.0
100m Individual Medley	2.18.0	1.55.7		
200m Individual Medley			3.40.5	3.18.3
400m Individual Medley			7.14.5	7.04.6

GIRLS				
EVENT	9	10	11	12
50m Freestyle	49.5	41.3	35.1	31.5
100m Freestyle	1.51.6	1.35.8	1:18.5	1:08.8
50m Breaststroke	1.05.1	56.1	45.5	42.2
100m Breaststroke	2.24.7	2.05.4	1:41.7	1:34.2
50m Butterfly	1.10.3	51.9	43.9	38.6
100m Butterfly	2.30.0	1.57.0	1:41.2	1:28.2
50m Backstroke	58.5	48.6	40.5	36.5
100m Backstroke	2.10.2	1.46.4	1:35.7	1:19.0
100m Individual Medley	2.09.1	1.50.2		
200m Individual Medley			3:28.5	2:50.6
400m Individual Medley			7.03.5	6.15.5

**CLOSING DATE – 23<sup>rd</sup> SEPTEMBER 2022**