

## Programme of Events\*

Thursday 5 December 2024	Friday 6 December 2024
<b>Session 1 – Heats</b> Start: 09:00 TBC Open/Male MC 400m Freestyle Female MC 400m Freestyle Open/Male 100m Breaststroke Female 200m I.M. Open/Male 50m Butterfly Open/Male MC 200m Freestyle Female MC 200m Freestyle Female 100m Freestyle Open/Male 400m Freestyle Female 100m Breaststroke Open/Male MC 50m Butterfly Female MC 50m Butterfly Open/Male 200m Backstroke Open/Male 100 I.M.	<b>Session 4 – Heats</b> Start: 09:00 TBC Female MC 50m Freestyle Open/Male MC 50m Freestyle Female 400m I.M. Open/Male 200m Freestyle Female 100m Backstroke Female MC 100m Breaststroke Open/Male MC 100m Breaststroke Female 50m Freestyle Open/Male 200m Breaststroke Female 200m Butterfly Female MC 100m Backstroke Open/Male MC 100m Backstroke Open/Male 50m Backstroke Female 50m Breaststroke
<b>Session 2 – Heats (split over two pools)</b> Start: TBC Female 1500m Freestyle – Slower Heats	<b>Session 5 – Heats (split over two pools)</b> Start: TBC Open/Male 1500m Freestyle – Slower Heats
<b>Session 3 – Finals</b> Start: TBC Female 1500m Freestyle – Fastest Heat Open/Male MC 400m Freestyle Female MC 400m Freestyle Open/Male 100m Breaststroke Female 200m I.M. Open/Male 50m Butterfly Open/Male MC 200m Freestyle Female MC 200m Freestyle Female 100m Freestyle Open/Male 400m Freestyle Female 100m Breaststroke Open/Male MC 50m Butterfly Female MC 50m Butterfly Open/Male 200m Backstroke Open/Male 100m I.M.	<b>Session 6 – Finals</b> Start: TBC Open/Male 1500m Freestyle – Fastest Heat Female MC 50m Freestyle Open/Male MC 50m Freestyle Female 400m I.M. Open/Male 200m Freestyle Female 100m Backstroke Female MC 100m Breaststroke Open/Male MC 100m Breaststroke Female 50m Freestyle Open/Male 200m Breaststroke Female 200m Butterfly Female MC 100m Backstroke Open/Male MC 100m Backstroke Open/Male 50m Backstroke Female 50m Breaststroke

*\*Please note: Timings are subject to change and confirmation*

Saturday 7 December 2024	Sunday 8 December 2024
<b>Session 7 – Heats</b> Start: 09:00 TBC	<b>Session 10 – Heats</b> Start: 09:00 TBC
Open/Male MC 100m Freestyle Female MC 100m Freestyle Open/Male 50m Freestyle Female 200m Breaststroke Female 50m Backstroke Open/Male 200m I.M. Female 400m Freestyle Open/Male MC 50m Backstroke Female MC 50m Backstroke Open/Male 100m Backstroke Female 50m Butterfly Open/Male 100m Butterfly Female 100m I.M.	Female MC 200m I.M. Open/Male MC 200m I.M. Female MC 150m I.M. Open/Male MC 150m I.M. Open/Male 100m Freestyle Female 200m Freestyle Open/Male 400m I.M. Female MC 50m Breaststroke Open/Male MC 50m Breaststroke Open/Male 50m Breaststroke Open/Male 200m Butterfly Female 200m Backstroke Female MC 100m Butterfly Open/Male MC 100m Butterfly Female 100m Butterfly
<b>Session 8 – Heats (split over two pools)</b> Start: TBC	<b>Session 11 – Heats (split over two pools)</b> Start: TBC
Open/Male 800m Freestyle – Slower Heats	Female 800m Freestyle – Slower Heats
<b>Session 9 – Finals</b> Start: TBC	<b>Session 12 – Finals</b> Start: TBC
Open/Male 800m Freestyle – Fastest Heat Open/Male MC 100m Freestyle Female MC 100m Freestyle Open/Male 50m Freestyle Female 200m Breaststroke Female 50m Backstroke Open/Male 200m I.M. Female 400m Freestyle Open/Male MC 50m Backstroke Female MC 50m Backstroke Open/Male 100m Backstroke Female 50m Butterfly Open/Male 100m Butterfly Female 100m I.M.	Female 800m Freestyle – Fastest Heat Female MC 200m I.M. Open/Male MC 200m I.M. Female MC 150m I.M. Open/Male MC 150m I.M. Open/Male 100m Freestyle Female 200m Freestyle Open/Male 400m I.M. Female MC 50m Breaststroke Open/Male MC 50m Breaststroke Open/Male 50m Breaststroke Open/Male 200m Butterfly Female 200m Backstroke Female MC 100m Butterfly Open/Male MC 100m Butterfly Female 100m Butterfly

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