



Beverley Barracudas Swimming Club

(Affiliated to ASA NER Region)

Barracudas' A/B Short Course Sprints Gala

Under ASA Laws & ASA Technical Rules

Licensed Level 3 (3NE150263)

(For entry into Regional and County Championships)

Sunday 15th March 2015

Beverley Leisure Centre, Beverley

Events

All age groups – 50m all strokes
10 yrs and over – 100m all strokes
9 & 10 years – 100m individual medley
11 yrs and over – 200m individual medley
11/12, 13/14 and open age groups – team relays

Awards

9/10/11/ Medals 1st – 6th 12/13/14 yrs & over 1st - 3rd
Relays winners – Medals 1st place
Top Boy & Girl in each age group
Top Club

Entries

£4 per individual entry
Free Relay Team entries
Accepted on a first come first served basis
**ALL SPECTATORS TICKETS MUST BE PURCHASED WITH
ENTRIES**
Please supply S.A.E with entry for return of spectator tickets.

Age as at midnight on 15th March 2015

Closing Date: Midnight Saturday 31st January 2015



General Information

Organisation

- The gala will be held under ASA Laws and Technical Rules of Swimming.
- Ages as at 15th March 2015.
- Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
- Integrated heats will be seeded according to entry times.
- All events are heat declared winners.

Venue

- Beverley Leisure Centre, Flemingate, Beverley, HU17 0LT.

Pools

- 25m, 8 Lane Pool with anti-wave ropes.
- Large scoreboard and electronic timing used throughout the meet.

Timing

- Electronic timing will be used throughout the meet.

Session Times

- Sunday Morning Warm Up – 8:00am Start – 9:00am
- Sunday Afternoon Warm Up – 1:00pm Start – 2:00pm

Individual Events

- All ages graded – 50m, 100m, IM 100m, IM 200m all strokes.
- All events are heat declared winners

Promoter: Kieran A Sheehan



Freestyle Relays

- Free entry!
- 4 X 50m Freestyle Sprints.
- Morning Session = 11/12 Girls, 13/14 Boys, Open Girls.
- Afternoon Session = 11/12 Boys, 13/14 Girls, Open Boys.
- Swimmers can swim up any age group but not down.
- Clubs are allowed more than one team in each age group.
- It is assumed that swimmers diving at the shallow end have the necessary diving achievement.

Awards

- Age groups 9, 10 and 11 years old: medals 1st – 6th
- Age groups 12, 13, 14 and open: medals 1st – 3rd
- Freestyle Relays: medals 1st place
- A Speeding Ticket will be awarded to any swimmer who swims faster than their entered grade.

Coaches Passes

- Coaches Passes cost £10.00, this includes; admissions to all sessions, a programme, results sheets and a buffet lunch with refreshments.

Entry Procedures and Fees

- All entries are £4 per individual event and to be submitted using the entry forms provided or the sports systems files provided;
- Entries for freestyle relays are free;
- Swimmers must not have swum faster than the A and B Grade cut-off times during the 12 months preceding the gala;
- Entries will be accepted on a first come first serve basis providing that the entry times are no greater than the upper limit times. It may be necessary to close entries prior to the official closing date;
- Poolside entries may be accepted at the discretion of the Promoter;
- Send complete entry forms, together with spectators fees and requisite fees to:

Chloe Walker
9 Findern Close
Allestree
Derbyshire
De22 2RJ.

- Cheques made payable to: Beverley Barracudas Swimming Club
- ENTRY CLOSING DATE: MIDNIGHT SATURDAY 31st JANUARY 2015



Entry Cards

- This meet is cardless. All entry withdrawal forms must be presented to the recorders desk no later than 30mins before the start of each session.

Spectators

- Admission for spectators will be:
 - Adults: £4 per session or £7 full day pass.
 - Children/OAP's £2.50 per session or £4 full day pass.
- All spectators tickets must be purchased with entries.
- Stamped addressed envelope to be include for return of spectators tickets.
- Will be on a first come first served basis.
- No entry on day without a ticket.

Photography

- Anyone wishing to engage in zoom or close range photography must register on entry.

Swimshop

- There will be a swimshop in the Leisure Centre for the duration of the meet.

Footwear

- All meet participants must observe the safety precautions at Beverley Leisure Centre and must wear footwear when leaving poolside.

Further Information

- For further information, please contact Chloe Walker.
 - Telephone: 07717 500574
 - E-Mail: chloewalker89@hotmail.co.uk
 - Or you can visit our website and click on galas www.beverleybarracudas.co.uk



Cut Off Times

Girls A Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	35.20	32.40	31.20	30.30	29.40	28.80
100m Freestyle	-	1:15.00	1:10.00	1:07.00	1:05.00	1:03.00	1:01.00
50m Breaststroke	None	45.60	41.70	39.50	38.10	37.00	36.20
100m Breaststroke	-	1:38.50	1:30.80	1:26.10	1:23.00	1:20.30	1:18.50
50m Butterfly	None	39.10	35.90	34.40	32.90	32.10	31.40
100m Butterfly	-	1:27.30	1:20.30	1:17.00	1:13.50	1:10.50	1:10.00
50m Backstroke	None	40.10	36.60	35.30	34.00	33.60	33.20
100m Backstroke	-	1:26.60	1:20.40	1:16.00	1:12.50	1:11.20	1:10.00
100m IM	None	1:29.60	1:21.40	1:18.30	1:15.70	1:14.20	1:11.60
200m IM	-	-	2:49.40	2:40.70	2:36.70	2:33.50	2:30.00

Girls B Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.60	36.50	35.10	34.10	33.10	32.40
100m Freestyle	-	1:30.50	1:23.10	1:16.90	1:13.80	1:12.00	1:10.80
50m Breaststroke	None	51.30	47.00	44.50	42.90	41.70	40.80
100m Breaststroke	-	1:54.30	1:44.50	1:37.50	1:33.80	1:28.80	1:26.50
50m Butterfly	None	44.00	40.40	38.70	37.00	36.20	35.30
100m Butterfly	-	1:42.00	1:33.00	1:28.70	1:22.30	1:18.20	1:15.70
50m Backstroke	None	45.20	41.20	39.80	38.30	37.80	37.40
100m Backstroke	-	1:40.00	1:32.00	1:27.10	1:22.50	1:18.50	1:16.60
100m IM	None	1:40.80	1:32.10	1:28.10	1:25.20	1:23.50	1:20.60
200m IM	-	-	3:17.00	3:06.90	2:58.50	2:52.00	2:47.60



Cut Off Times

Boys A Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	34.80	32.20	30.20	28.90	27.80	26.00
100m Freestyle	-	1:15.50	1:11.20	1:06.90	1:03.40	59.90	57.50
50m Breaststroke	None	44.70	41.70	38.60	36.10	34.50	32.00
100m Breaststroke	-	1:38.00	1:30.50	1:24.80	1:19.20	1:15.50	1:12.00
50m Butterfly	None	39.00	35.90	33.30	31.70	30.20	28.50
100m Butterfly	-	1:26.90	1:20.40	1:15.00	1:09.00	1:05.20	1:03.00
50m Backstroke	None	41.10	37.30	34.80	33.00	31.70	29.00
100m Backstroke	-	1:25.70	1:19.80	1:14.80	1:10.20	1:06.70	1:04.20
100m IM	None	1:28.60	1:22.60	1:17.30	1:12.50	1:09.30	1:03.20
200m IM	-	-	2:50.00	2:41.00	2:33.20	2:26.00	2:19.00

Boys B Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.14	36.20	34.00	32.50	31.30	30.00
100m Freestyle	-	1:30.30	1:23.40	1:16.40	1:10.50	1:07.20	1:03.90
50m Breaststroke	None	50.30	46.90	43.40	40.60	38.80	37.00
100m Breaststroke	-	1:56.30	1:45.80	1:37.00	1:29.90	1:24.80	1:21.00
50m Butterfly	None	43.90	40.40	37.50	35.70	34.00	32.50
100m Butterfly	-	1:43.40	1:33.7	1:26.20	1:19.20	1:14.80	1:11.00
50m Backstroke	None	46.20	42.00	39.20	37.10	35.70	33.10
100m Backstroke	-	1:42.80	1:33.50	1:26.10	1:19.90	1:14.90	1:11.50
100m IM	None	1:39.70	1:33.00	1:27.00	1:21.60	1:18.00	1:14.50
200m IM	-	-	3:22.30	3:06.80	2:53.30	2:43.40	2:35.80



Schedule of Events

<u>Session Times</u>	
Session 1 - Morning	
Warm-up - Girls: 8:00am - 8:25am, Boys: 8:25am - 8:50am, First Heat 9:00am	
101	Boys 9 – 12 years 50m Backstroke
102	Girls 10 – 12 years 100m Butterfly
103	Boys 13 years and over 50m Breaststroke
104	Girls 13 years and over 100m Freestyle
105	Boys 9 years 50m Breaststroke
106	Boys 10 – 12 years 100m Breaststroke
107	Girls 10 – 12 years 50m Freestyle
108	Boys 13 years and over 100m Butterfly
109	Girls 13 years and over 50m Backstroke
110	Boys 9 – 12 years 50m Butterfly
111	Girls 10 – 12 years 100m Backstroke
112	Boys 13 years and over 50m Freestyle
113	Girls 13 years and over 100m Breaststroke
114	Boys 9 years 50m Freestyle
115	Boys 10 – 12 years 100m Freestyle
116	Girls 10 – 12 years 50m Breaststroke
117	Boys 13 years and over 100m Backstroke
118	Girls 13 years and over 50m Butterfly
119	Girls 11 – 12 years 200m Individual Medley
120	Boys 9 – 10 years 100m Individual Medley
121	Girls 13 years and over 200m Individual Medley
122	11/12 Girls, 13/14 Boys and Open Girls Freestyle Relays



Schedule of Events

Session 2 - Afternoon	
Warm-up - Boys 1:00pm - 1:25pm, Girls 1:25pm - 1:50pm, First Heat 2:00pm	
201	Girls 9 – 12 years 50m Backstroke
202	Boys 10 – 12 years 100m Butterfly
203	Girls 13 years and over 50m Breaststroke
204	Boys 13 years and over 100m Freestyle
205	Girls 9 years 50m Breaststroke
206	Girls 10 – 12 years 100m Breaststroke
207	Boys 10 – 12 years 50m Freestyle
208	Girls 13 years and over 100m Butterfly
209	Boys 13 years and over 50m Backstroke
210	Girls 9 – 12 years 50m Butterfly
211	Boys 10 – 12 years 100m Backstroke
212	Girls 13 years and over 50m Freestyle
213	Boys 13 years and over 100m Breaststroke
214	Girls 9 years 50m Freestyle
215	Girls 10 – 12 years 100m Freestyle
216	Boys 10 – 12 years 50m Breaststroke
217	Girls 13 years and over 100m Backstroke
218	Boys 13 years and over 50m Butterfly
219	Boys 11 – 12 years 200m Individual Medley
220	Girls 9 – 10 years 100m Individual Medley
221	Boys 13 years and over 200m Individual Medley
222	11/12 Boys, 13/14 Girls and Open Boys Freestyle Relays



Entry Form: Boys/Girls

Club:[illegible]



Entry Form: Boys/Girls

Club:

[illegible]



Team Relays Entry Form

Please photocopy this sheet if you wish to enter more than one team in any relay race.

Club _____

AM Session

11/12 Girls	Surname	Forename	D.O.B	ASA No.

13/14 Boys	Surname	Forename	D.O.B	ASA No.

Open Girls	Surname	Forename	D.O.B	ASA No.



Team Relays Entry Form

Please photocopy this sheet if you wish to enter more than one team in any relay race.

Club _____

PM Session

11/12 Boys	Surname	Forename	D.O.B	ASA No.

13/14 Girls	Surname	Forename	D.O.B	ASA No.

Open Boys	Surname	Forename	D.O.B	ASA No.



Barracudas' A/B Short Course Sprints Gala 2015

Cash and Entry Summary

Club: _____

Contact Name: _____

Telephone Number: _____

E-Mail Address: _____

This will be used to notify you when the draft programme is available and to resolve any queries with entries.

Individual Boys Entries	@ £4.00 each	Sub Total £	_____
Individual Girls Entries	@ £4.00 each	Sub Total £	_____
Coaches Passes	@ £10.00 each	Sub Total £	_____

Session One Spectators

Adults	@ £4.00 each	Sub Total £	_____
Children/OAPs	@ £2.50 each	Sub Total £	_____

Session Two Spectators

Adults	@ £4.00 each	Sub Total £	_____
Children/OAPs	@ £2.50 each	Sub Total £	_____

Full Day Spectator Pass

Adults	@ £7.00 each	Sub Total £	_____
Children/OAPs	@ £4.00 each	Sub Total £	_____

GRAND TOTAL ENCLOSED	£	_____
-----------------------------	----------	-------

Cheques made payable to Beverley Barracudas Swimming Club, only one cheque per club.



Officials – We would appreciate your help

We need many officials to run a successful meet. If you are willing to officiate at our A/B sprints gala, could you please fill in the form below and return it with your club's entries.

We will contact you nearer the date confirming when we require your help.

Any help you give is very much appreciated. Expenses and lunch will be provided for anyone willing to help for the day.

<u>Name</u>	<u>Address</u>	<u>Contact No./Email</u>	<u>Qualification</u>

Reply to: Chloe Walker
9 Findern Close
Allestree
Derbyshire
DE22 2RJ.

Telephone: 07717 500574

E-Mail: chloewalker89@hotmail.co.uk



PROMOTER'S CONDITIONS

RULES OF ENTRY

Prior to the Gala

1. All competitors must be registered with the ASA.
2. The meet shall be run under ASA Laws and FINA technical rules of swimming.
3. The Referee's decision is final at all times.
4. In accordance with ASA Child Protection policy, all photographic equipment including mobile phones with cameras must be registered at each gala session.
5. The use of mobile telephonic devices on the poolside is prohibited.
6. The minimum age for each event will be as follows:
 - a. 50m all strokes and 100 IM: 9 and over.
 - b. 50m & 100m all strokes and 200m IM: 11 and over.
7. Age is the swimmer's age at midnight on 15th March 2015.
8. All entries shall be submitted before the closing date of each Gala.
9. No poolside or late entries will be accepted.
10. All entries to be submitted by each affiliated club's Competition Secretary (no individual entries), via an electronic system.
11. All events will be swum as heat declared winner.
12. Swimmers can only enter their age group events.
13. There shall be separate events for males and females although, at the Promoter's discretion, they may be swum combined.
14. The Promoter reserves the right to amend the running order of events to give swimmers appropriate recovery time wherever possible.
15. Entry times will be short course times for the event distance.



The Day of the Gala

16. Swimmers shall be placed in graduated time order, slowest to fastest. All heats will be spearheaded.
17. A list of heat and lane assignments will be posted. It is the swimmers responsibility to check the heat sheet and be at the staging area on time.
18. Competitors must report to their Team Manager.
19. Warm up will commence one hour minutes prior to the start of each Gala session, i.e. 08:00 and 13:00.
20. All competitors must report to the Competition Steward two events before their race or, if they are in the first race of the session, report to the Competition Steward five minutes before the published start time for the session/gala.

Awards

- Awards will be presented to the fastest three swimmers in each event in all age groups and to those finishing between 4th and 6th in the 9, 10 and 11 year old age groups.
- Swimmers must collect their awards from the trophy table, after the results for each event have been announced/published.