

Richmond Dales Gala Schedule 28th March 2015

Session 1

- Event 1 – Girls 200m Freestyle
- Event 2- Boys 200m Freestyle
- Event 3 - Girls 100m Breaststroke
- Event 4 - Boys 100m Breaststroke
- Event 5 - Girls 50m Butterfly
- Event 6 - Boys 50m Butterfly
- Event 7 - Girls 100m Backstroke
- Event 8 - Boys 100m Backstroke

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Richmond Dales Gala Schedule 28th March 2015

Session 2

- Event 9 - Girls 100m Freestyle
- Event 10 - Boys 100m Freestyle
- Event 11 - Girls 50m Breaststroke
- Event 12 - Boys 50m Breaststroke
- Event 13 - Girls 100m Butterfly
- Event 14 - Boys 100m Butterfly
- Event 15 - Girls 50m Backstroke
- Event 16 - Boys 50m Backstroke

Session 3

- Event 17 - Girls 100m IM
- Event 18 - Boys 100m IM
- Event 19 – Girls 50m Freestyle
- Event 20 – Boys 50m Freestyle
- Event 21 – Mixed Medley Relay under 12 (4 x50, 2 boys, 2 girls)
- Event 22 - Mixed Medley Relay over 12 (4 x50, 2 boys, 2 girls)
- Event 23 - Mixed Freestyle Relay under 12 (4 x50, 2 boys, 2 girls)
- Event 24 - Mixed Freestyle Relay over 12 (4 x50, 2 boys, 2 girls)

Richmond Dales Developmental Meet: Meet Conditions – 29th March 2015

(Held under ASA Laws & ASA Technical Rules)

- 1) Meet to be held at Billingham Forum – the Pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available
- 2) Colorado Electronic Timing will be in operation with scoreboard display. Times displayed are for information only
- 3) Age groups/Events will be:
8 years, 50 m all strokes, please note any swimmer accepted must have been ratified by the relevant club coach for each event, should this be found not to have occurred the swimmer shall be disqualified from all events and invalidated from all presentations.
9 years and over : 50m and 100m form strokes, 100m IM and 200m freestyle. All events will be Heat Declared Winner.
Relay events as shown on programme
- 4) Entries are accepted for swimmers that are between upper and lower qualifying times.
- 5) Entry times should be converted to 25m pool times by use of ASA Conversion Tables
- 6) Ages are as at 29th March 2015
- 7) Entry fees: £4.50 paper entries, £4.00 individual entry Sportssystems entries.
£7.00 paper entries, £5.00 for up to 2 team entries for a relay event
- 8) Coach passes cost £6.00 which includes refreshments on Sunday
Coaches will not be permitted on poolside without the necessary pass
- 9) Entries must be submitted on the official entry file or form and include the swimmer's full date of birth. Files available from and entries should be returned by the entry closing date: **9th February 2015** to: sandymcneill@icloud.com
- 10) Cheques should be made payable to "Richmond Dales ASC". A valid email address or SAE must be supplied for entry confirmation to Yvonne Buxton, 33 Warwick Close, Catterick Garrison, Richmond, North Yorkshire DL9 3HH.
- 11) **Entries which are not countersigned by an official from the swimmer's club will be returned.**
- 12) Richmond Dales ASC will **NOT** be responsible for any unaccompanied swimmers on the poolside. The responsibility falls on the club entering the swimmer, who should appoint an individual to be on the poolside i.e. an adult with a coach's pass
- 13) Heats will be seeded according to submitted entry times
- 14) Presentations will be made to the first three in each age group: 8, 9, 10, 11, 12, 13, 14 and Over.
- 14) Swimmers will be permitted to compete for only one club during the meet
- 15) For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where possible, over-the-top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool
- 16) Admission for spectators will be £1 per day, draft programme free online; Children, under 12 accompanied by adults, will be admitted free
- 17) No entry cards will be issued. Coaches or Team Managers should advise the recorders of any missing swimmers at least 45 minutes before the session start. Seeded heat start lists will be produced prior to the start time of the session. Complying with this condition will keep the number of empty lanes to a minimum
- 18) Poolside entries, £5.00, may be permitted if the meet has not been over-subscribed
- 19) Should the meet be over-subscribed, swimmers will be excluded from fastest times first, within each age group.
- 20) Coaches/Team managers are responsible for ensuring competitors report to the marshalling area at the required time. Swimmers failing to report to the competitive marshals in time for the start of their race may not be allowed to compete
- 21) Anyone found damaging or misusing property or equipment at the host venue may be disqualified from any further involvement in the competition and may be subject to further action from the Pool Management
- 22) Neither Richmond Dales ASC nor Billingham Forum can be held responsible for loss or damage to spectators' or swimmers' property. Swimmers are advised to use the lockers in the changing rooms and not to leave belongings unattended in the changing area or on poolside
- 23) Anyone wishing to use photographic equipment within the pool area must register at beforehand
- 24) The Lead Referee will be: Iain Young - iain1958young@talktalk.net
- 25) There will be a swimwear shop (NESS) and meet merchandise available at the event

Girls

Slower than

	50Free	100Free	200Free	50Back	100Back	50Breast	100Breast	50 Fly	100 Fly	100 IM
8		XXXX	XXXX		XXXX		XXXX		XXXX	XXXX
9	40.0	1.23.0	3.15.0	47.5	1.30.0	52.5	1.48.5	49.5	1.49.0	1.50.0
10	36.5	1.19.0	2.54.0	42.5	1.27.0	49.5	1.44.5	42.5	1.44.0	1.45.0
11	34.5	1.15.0	2.38.0	40.5	1.24.0	47.5	1.36.5	40.5	1.38.0	1.40.0
12	33.5	1.11.0	2.27.5	39.5	1.21.0	42.5	1.32.5	39.5	1.24.0	1.30.0
13	32.5	1.08.0	2.25.0	38.5	1.19.0	43.5	1.30.5	37.5	1.19.0	1.20.0
14+	31.5	1.06.0	2.21.5	37.5	1.17.0	42.5	1.28.5	35.5	1.17.0	1.10.0

Faster than

	50Free	100Free	200Free	50Back	100Back	50Breast	100Breast	50 Fly	100 Fly	100 IM
8	1.15.0	XXXX	XXXX	1.15.0	XXXX	1.30.0	XXXX	1.20.0	XXXX	XXXX
9	1.10.0	2.00.0	3.40.0	1.10.0	2.20.0	1.25.0	2.20.0	1.15.0	2.20.0	2.20.0
10	1.05.0	1.55.0	3.30.0	1.05.0	2.10.0	1.15.0	2.15.0	1.10.0	2.10.0	2.10.0
11	1.00.0	1.50.0	3.20.0	1.00.0	2.00.0	1.10.0	2.10.0	1.05.0	2.00.0	2.00.0
12	55.0	1.45.0	3.10.0	55.0	1.50.0	1.00.0	2.00.0	1.00.0	1.50.0	1.50.0
13	45.0	1.40.0	3.00.0	50.0	1.40.0	55.0	1.50.0	50.0	1.40.0	1.45.0
14+	40.0	1.35.0	2.50.0	45.0	1.30.0	50.0	1.40.0	40.0	1.30.0	1.40.0

Boys

Slower than

	50Free	100Free	200Free	50Back	100Back	50Breast	100Breast	50 Fly	100 Fly	100 IM
8		XXXX	XXXX		XXXX		XXXX		XXXX	XXXX
9	39.5	1.23.5	3.16.0	47.5	1.30.0	54.5	1.48.5	49.6	1.49.0	1.50.0
10	36.5	1.19.5	2.56.0	42.5	1.28.0	49.5	1.46.5	42.6	1.44.0	1.45.0
11	34.5	1.15.5	2.37.5	38.5	1.25.0	47.5	1.41.0	37.5	1.29.0	1.40.0
12	32.5	1.09.5	2.30.5	37.5	1.21.0	45.5	1.36.0	35.5	1.25.0	1.30.0
13	30.5	1.07.5	2.25.0	36.5	1.18.0	43.5	1.30.0	33.4	1.20.0	1.20.0
14+	28.5	1.02.5	2.16.5	35.5	1.13.0	41.0	1.26.5	31.4	1.12.5	1.10.0

Faster than

	50Free	100Free	200Free	50Back	100Back	50Breast	100Breast	50 Fly	100 Fly	100 IM
8	1.05.0	XXXX	XXXX	1.15.0	XXXX	1.40.0	XXXX	1.30.0	XXXX	XXXX
9	1.00.0	1.45.0	4.15.0	1.10.0	2.20.0	1.30.0	2.20.0	1.20.0	2.20.0	2.20.0
10	55.0	1.40.0	4.00.0	1.05.0	2.10.0	1.20.0	2.10.0	1.10.0	2.10.0	2.10.0
11	50.0	1.35.0	3.45.0	1.00.0	2.00.0	1.10.0	2.00.0	1.00.0	2.00.0	2.00.0
12	45.0	1.30.0	3.30.0	55.0	1.50.0	1.00.0	1.50.0	55.0	1.50.0	1.50.0
13	40.0	1.25.0	3.20.0	50.0	1.40.0	50.0	1.40.0	50.0	1.40.0	1.45.0
14+	35.0	1.20.0	3.10.0	45.0	1.30.0	40.0	1.30.0	40.0	1.30.0	1.40.0

Session Times

Saturday 28th March

Session 1 12.30 warm up

1.30 start

Sunday 29th March

Session 2 9.15 warm up

10.15 start

Session 3 TBC on the day