

HARROGATE DISTRICT SWIMMING CLUB

(Affiliated to ASA North Eastern Region.)

SPA TOWN A/B GRADED MEET

(under FINA Technical Rules)

DATE: **SATURDAY & SUNDAY 25th & 26th APRIL 2015**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

THIS MEET IS LICENSED AT LEVEL 3 BY THE A.S.A. AND RESULTS WILL QUALIFY SWIMMERS FOR ENTRY INTO REGIONAL & COUNTY CHAMPIONSHIPS.

SWIMMERS MUST HAVE ACHIEVED THE LOWER LIMIT TIME, BUT MUST NOT HAVE SWUM FASTER THAN THE UPPER LIMIT TIME, IN THE 12 MONTHS PRECEDING ENTRY. (CONVERTED TIMES WHERE APPROPRIATE)

THE MEET 9 – 15 & over - 50 & 200 metres all strokes plus 400m Freestyle and 200m & 400m IM

Girls & Boys 11 - 15 & over – 100 metres all strokes

All events are Heat Declared Winner.

Ages at 26th April 2015

AWARDS: Rewards as follows:

9, 10, 11, 12, 13, 14, 15 & over. Top 3 swimmers only in A grade and B Grade. Swimmers who swim faster than the B Grade cut-off times will be ranked automatically in the A grade result.

An Alternative Award will be given to swimmers who swim faster than the A Grade cut off times by the following margins:-

1 second on 50m, 2 seconds on 100m, 4 seconds on 200m, 8 seconds on 400m

ENTRIES: Cost £5 per event, accepted subject to HDSC Meet Terms & Conditions. Coaches passes to include meals, programme, result sheets and entry onto the poolside £20.

Entries will be accepted on receipt strictly on a “**first come, first served**” basis. Once the meet is full it will be shown as closed on the website.

Entries will not be accepted before 12 noon Sunday 15th March 2015

NO CLUB WILL BE ALLOWED TO SUBMIT MORE THAN 400 ENTRIES TO THIS MEET

Clubs submitting entries for more than 5 swimmers must do so electronically. Entry forms and file sets are downloadable from our website:- www.swimharrogate.org

Further details from:-

Barry Saunders,
42 Greenfields Road,
HARROGATE, HG2 7PH.

Telephone:- 01423 885326

Email:- compsec@swimharrogate.org

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS AS SOON AS ENTRIES ARE PROCESSED.)

CLOSING: **6th April 2015 or when meet is full**