



Code of Conduct for Parents/Carers



General matters

- Complete and return the Membership form as requested by the club and detail any health conditions / concerns relevant to your child on the consent form. Any changes in the state of your child's health should be reported prior to the start of any sessions. Ensure the club has up to date contact details for you and any alternative person.
- Deliver and collect your child punctually to and from sessions. Please inform a member of the workforce if there is an unavoidable problem.
- Ensure your child is properly and adequately attired for the session including all required equipment.
- Inform the coach/teacher before a session if your child is to be collected early and if so by whom.
- Encourage your child to obey rules and teach them that they can only do their best.
- Behave responsibly as a spectator and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the Swim England commitment to equality and diversity.
- Ensure you do not use inappropriate language within the club environment.
- Show appreciation and support your child and all the team members.
- Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club.
- Support the coach/teacher and committee appropriately and raise any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on the website.
- Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with the teacher/coach please speak at the start or end of a session.
- Parents/carers of all children under the age of 9 years must stay on the premises at all times during sessions.
- The club is unable to supervise the changing areas so please ensure your child adheres to all appropriate facility rules.
- Ensure your child understands that bullying in any form will not be tolerated by the Club.
- Keep payments of all fees up to date.
- Most of all help your child enjoy the sport and achieve to the best of their ability.

Club Policies

Hydration Policy

- All YCBC Squad swimmers must bring a non-fizzy drink in a plastic non-spill container to every training session.
- It is recommended that swimmers in Development, County and Junior Club are consuming 500ml of fluid per hour of training. Swimmers in National, Regional and Club should be drinking 750ml per hour of training which may require the swimmers to bring a second bottle. This should be sipped at regular intervals during the session.
- It is expected that the swimmers bring adequate fluids for the full session and will not need to fill their bottles during the middle of the session.
- Swimmers arriving at sessions without a drink will not be permitted to swim.

Time Keeping and Lateness

- Swimmers should be on poolside 10 minutes before the start of each session.
- If they are going to be more than 15 minutes late, swimmers should not attend - the session warm up will be finished, and the risk of injury is increased if swimmers are not properly warmed up before the main set.
- Club Squad swimmers attending the Sunday (1-hour) session should arrive on time to swim the full hour; there is no tolerance on this.

Gala entries/competition policy

- The Coach should be consulted on the competition entries of each swimmer prior to the closing date. This can be done via email or before/after training sessions at an appropriate time. The coaches would like this communication to take place in advance of the closing date.
- Swimmers are expected to race in all of the events they have been entered for at a competition.
- Any withdrawals from selective events before or during a competition are at the discretion of the Coach. Parents should contact the Coach at the earliest convenience for a consideration to withdraw from a specific event. This will be assessed on an individual basis.
- Swimmers may be withdrawn from the rest of the meet by the Coach if they have withdrawn or missed a race without prior consent to do so by the Coach.

The club will undertake to:

- Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him / her.
- Ensure good child safeguarding guidelines are followed at all times to keep your child safe.
- Ensure all activities are properly supervised / taught / coached and consent is obtained for any activity outside of that previously agreed.

The parent has a right to:

- Make a complaint to the club if they feel the club or a member of the club is not acting appropriate to Swim England / club rules and regulations. Details of how to do this can be obtained from the club Welfare Officer.
- Make a complaint on behalf of their child to the Swim England Office of Judicial Administration.

Checked: NG 23/6/2019